Nov 4th, 8:30 AM - 3:30 PM

Center for Mental Health Services Research Dissemination Activities

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CMHSR ENGAGEMENT ACTIVITIES

Treatment Retention Strategies in Transition Age Youth

PI: Maryann Davis, PhD
Co-I: Ashli Shidown, PhD, Charles Lidz, PhD, William Fisher, PhD, Lisa Fortuna, PhD, Cynthia Christianson
Funding: National Institute of Mental Health

Description: The purpose of this study is to test Motivational Interviewing (MI) as a treatment retention (TR) intervention among Transition Age Youth (TAY; ages 17-25). MI is a widely used intervention to enhance motivation and reduce ambivalence about change that has increased treatment adherence in older and younger age groups. MI is appealing because it can be readily added to standard therapy. MI targets motivation to change, and therapeutic alliance. The degree to which it can overcome the reduction in parental enforcement of TR in TAY and other TAY characteristics is unknown. The research will initiate development and feasibility assessment of a developmentally-sensitive TAY MI with iterative feedback from experts, clinicians, and clients, and then conduct a small pilot randomized clinical feasibility trial of the TAY MI in comparison to “services as usual.” It is the preliminary step to determine whether sufficient evidence can be found to justify a full-scale clinical trial.

Using Evidence to Improve Medicaid Mental Health Services for Massachusetts Children and Youth

PI: Joanne Nicholson, PhD
Co-I: Kathleen Biebel, PhD, Laurel K. Leslie, MD, MPH, Susan Maciolek, MPP
Personnel: Gifty Debordes-Jackson, MA
Funding: W. T. Grant Foundation

Description: Research on effective child and adolescent mental health interventions has grown significantly over the past two decades. Through the Children's Behavioral Health Initiative (CBHI), Massachusetts' policy makers, provider agencies, and advocacy groups are engaged in activities and decision-making on a daily basis that may involve the use of research evidence. This study examines the ways in which research evidence comes into play as children's mental health services are transformed and implemented in the provider community. Activities focus on understanding provider agencies’ internal processes for using research evidence as they make decisions related to the CBHI. Products will include briefings to provider agencies and state policy makers regarding strategies for promoting the use of research evidence in the transformation of services for children and youth, and recommendations for states and other organizations involved in systems change initiatives to build effective, productive bridges among research, policy, and practice sectors.

Disseminating Tobacco Cessation Activities in ICCD Clubhouses

PI: Colleen McKay, MA, CAGS
Co-I: Douglas Ziedonis, MD, MPH
Personnel: Valerie Williams, MA, MS
Funding: American Legacy Foundation

Description: Almost 80 percent of people with serious mental illness smoke, consuming nearly half of all the tobacco sold in the U.S. Compared with the general population, individuals with serious mental illness are at greater risk of co-morbid health problems and premature death. Persons with mental illness account for about half of the annual death toll from smoking. Yet, many individuals with serious mental illness remain unaware of programs to help them quit smoking, and too few of those programs provide integrated approaches to tobacco cessation in mental health settings that include peer supports. We are implementing cost-effective evidence-based interventions that attempt to decrease the morbidity and mortality associated with tobacco use among people with serious mental illness that are participating in an ICCD Clubhouse.