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Working with Pregnant & Postpartum Women with Opioid Use Dependence: Digital Storytelling as an Innovative Qualitative Data Collection Tool and Intervention

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WORKING WITH PREGNANT & POSTPARTUM WOMEN WITH OPIOID USE DEPENDENCE: DIGITAL STORYTELLING AS AN INNOVATIVE QUALITATIVE DATA COLLECTION TOOL AND INTERVENTION

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DISCLOSURE

- I have no actual or potential conflict of interest in relation to this program/presentation
PROJECT FRAMEWORK: SYNDICEMIC MODEL OF PERINATAL AND POSTPARTUM OPIOID USE

- Opioid/Substance Use
- Mental Health Conditions
- Trauma (historical & current)
- Structural violence
DIGITAL STORYTELLING
### DIGITAL STORYTELLING WORKSHOP

- 3-4 days (24 hours total)

| Day 1 | • Project overview & ethics, informed consent, **baseline surveys**  
        | • Guided writing activities  
        | • **Story circle** |
| Day 2 | • Finish and record stories  
        | • Image gathering  
        | • Video editing instruction |
| Day 3 | • Finalize stories  
        | • **Story screening**  
        | • **Post-surveys** and story release permissions |
| Post  | • **Follow-up interviews and surveys**  
        | • Group, community or clinical story screenings and discussion  
        | • Development of activities or curricula |
DIGITAL STORYTELLING: MULTIPLE USES AND PURPOSES

Advocacy

Policy

Education

Research & Evaluation

Intervention
DIGITAL STORYTELLING PROCESS AS INTERVENTION: INDIVIDUAL & GROUP

- **Process Characteristics**
  - Listening
  - Dialogue
  - Praxis

- **Mediators**
  - Social rehearsal
  - Mastery experience
  - Emotional processing

- **Outcomes**
  - Emotional acceptance
  - Social support
  - Self-efficacy
DIGITAL STORY EXAMPLE

- Christine, “Two Hats”
- https://www.youtube.com/watch?v=UNv86_sTwuc&t=3s
CHRISTINE’S STORY

• DST process as intervention
• Research
• Education
• Advocacy
• Policy
THANK YOU


- Storycenter.org