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Working with Pregnant & Postpartum Women with Opioid Use Dependence: Digital Storytelling as an Innovative Qualitative Data Collection Tool and Intervention

Alice Fiddian-Green  
*University of Massachusetts Amherst*

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WORKING WITH PREGNANT & POSTPARTUM WOMEN WITH OPIOID USE DEPENDENCE: DIGITAL STORYTELLING AS AN INNOVATIVE QUALITATIVE DATA COLLECTION TOOL AND INTERVENTION

Alice Fiddian-Green, MPH
UMass Amherst School of Public Health & Health Sciences, Department of Health Promotion & Policy
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I have no actual or potential conflict of interest in relation to this program/presentation.
PROJECT FRAMEWORK:
SYNDEMIC MODEL OF PERINATAL AND POSTPARTUM OPIOID USE

- Opioid/Substance Use
- Mental Health Conditions
- Trauma (historical & current)
- Structural violence
DIGITAL STORYTELLING

MAYO CLINIC: DIGITAL STORYTELLING AS A HEALTH INTERVENTION FOR SOMALI AND LATINO ADULTS WITH TYPE II DIABETES
# Digital Storytelling Workshop

- **3-4 days (24 hours total)**

## Day 1
- Project overview & ethics, informed consent, **baseline surveys**
- Guided writing activities
- **Story circle**

## Day 2
- Finish and record stories
- Image gathering
- Video editing instruction

## Day 3
- Finalize stories
- **Story screening**
- **Post-surveys** and story release permissions

## Post
- Follow-up interviews and surveys
- Group, community or clinical story screenings and discussion
- Development of activities or curricula
DIGITAL STORYTELLING: MULTIPLE USES AND PURPOSES

- Advocacy
- Policy
- Education
- Research & Evaluation
- Intervention
DIGITAL STORYTELLING PROCESS AS INTERVENTION: INDIVIDUAL & GROUP

**Process Characteristics**
- Listening
- Dialogue
- Praxis

**Mediators**
- Social rehearsal
- Mastery experience
- Emotional processing

**Outcomes**
- Emotional acceptance
- Social support
- Self-efficacy
DIGITAL STORY EXAMPLE

- Christine, “Two Hats”
- https://www.youtube.com/watch?v=UNv86_sTwuc&t=3s
CHRISTINE’S STORY

- DST process as intervention
- Research
- Education
- Advocacy
- Policy
THANK YOU


- Storycenter.org