Chicopee and Springfield School Collaboration with UMass Amherst (UMA): Alcohol and Opioid Screening, Brief Intervention and Referral to Treatment

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Problem

- 67.5% of high school students have consumed alcohol
- 40.1% indicate one drink in the last 30 days
- 22.2% having five or more drinks in the last 30 days
- Use typically begins during early adolescence and the first alcohol exposure peaking during grades 7 to 9

Innovation

- The UMA nursing undergraduate training program, SBIRT: The Power of Nursing to Change Health will train 150 undergraduate nursing students/year
- It builds on a SAMHSA curriculum that is integrated into existing psychiatric/mental health, pediatric-young adult and community nursing courses
- The curriculum incorporate alcohol and substance abuse disorders
- Both Community and Student Advisory Boards have been formed

Methods

Screening, Brief Intervention and Referral to Treatment (SBIRT)

Student nurses apply these new skills in their community and medical/surgical rotations in partnership with the Chicopee and Springfield Public Schools

Outcomes

- The UMA SBIRT Team completed the first training session October 2016 incorporating EBP into training and evaluation
- We have networked with state and regional SAMHSA officials MA School Nurses and the MA Office of Elder Affairs
- Community collaboration is critical to the success of the Power of Nursing to Change Health