A Myth-Shattering Look at Addiction Prevention and Treatment, Based on Research

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*Et al.*
AUTHOR DAVID SHEFF:
A MYTH-SHATTERING LOOK AT ADDICTION PREVENTION AND TREATMENT, BASED ON RESEARCH

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YOUR WEBINAR HOST

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GETTING TO KNOW YOU

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Name?

Where are you located?

What do you hope to learn?
NLM’s mission

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NLM ONLINE RESOURCES FOR SUBSTANCE USE DISORDER

Opioid Abuse and Addiction Treatment

Summary

What are opioids?
Opioids, sometimes called narcotics, are a type of drug. They include strong prescription pain relievers, such as oxycodone, hydrocodone, fentanyl, and tramadol. The illegal drug heroin is also an opioid.

A healthcare provider may give you a prescription opioid to reduce pain after you have had a major injury or surgery. You may get them if you have severe pain from health conditions like cancer. Some healthcare providers prescribe them for chronic pain.

Prescription opioids used for pain relief are generally safe when taken for a short time and as prescribed by your healthcare provider. However, opioid abuse and addiction are still potential risks.

What are opioid abuse and addiction?

Opioid abuse means you are not taking the medicines according to your provider's instructions. You are using them to get high, or you are taking someone else's opioids. Addiction is a chronic brain disease. It causes you to compulsively seek out drugs even though they cause harm.

What are the treatments for opioid abuse and addiction?

Treatments for opioid abuse and addiction include:
- Medications
- Counseling and behavioral therapies
- Medication-assisted therapy (MAT), which includes medications, counseling, and behavioral therapies. This offers a "whole patient" approach to treatment, which can increase your chance of success.

Related Health Topics

- Opioid Abuse and Addiction
- Opioid Overdose
- Prescription Drug Abuse

National Institutes of Health

The primary NIA organization for research on Opioid Abuse and Addiction Treatment is the National Institute on Drug Abuse.

https://medlineplus.gov/opioidabuseandaddictiontreatment.html

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QUESTIONS FOR DAVID

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We value your feedback, please help us continue to improve by completing the evaluation.

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UPCOMING NNLM WEBINARS

• Fred Muench, President of the Partnership for Drug-Free Kids
  Engaging Parents and Caregivers in Substance Use Disorder Prevention and Recovery
  December 5, 2019 3-4PM

• January 30, 2020, 3-4PM Louie Diaz, Documentary film “Beyond the Wall”, Struggles and Strategies for Survival Beyond the Walls of Jail
  Register here https://nnlm.gov/classes/substance-use-disorder-celebrity-webinar-series

SAVE THE DATE FOR THIS SPECIAL WEBINAR—REGISTRATION LINK WILL BE AVAILABLE SHORTLY

Substance Use Disorder & Heredity – It’s a Family Disease, December 10, 3-4PM
Candid interview with 3 generations of one family affected by substance use disorder.