OVERVIEW OF ENT

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Introduction

• Evaluation of patients with disease of ear nose and throat requires skills in eliciting a good history and examination of the ear, nose, pharynx and larynx

HISTORY

- A good and detailed clinical history should always be taken first including
- History of present illness
- Systemic review
- History of past illness
- Family history
- etc

EXAMINATION

• The patient is made to sit upright on a stool or chair opposite the examiner and the ears, nose, pharynx and larynx are examined.

EAR

A patient with ear disease presents with one or more of the following complaints

- Hearing loss
- Tinnitus
- Vertigo
- Ear discharge

- Ear ache
- Itching around the ear
- Swelling around the ear
- Deformity of the ear
- fever

Examination of the ear

• It includes both physical and functional examination

Physical examination

- It includes examination of
- 1. Pinna and surrounding area
- 2. External auditory canal
- 3. Tympanic membrane
- 4. Middle ear
- 5. Mastoid
- 6. Eustachian tube
- 7. Facial nerve

Functional examination of the Ear

- Auditory function
- 1. Voice test
- 2. Tunning fork test
- I. Rinne
- II. Weber
- III. Schwacbach

- Vestibular function
- I. Positional test
- II. Spontaneous nystagmus

NOSE AND PARANASAL SINUSES

- A patient with disease of the nose and or paranasal sinuses presents with one or more of the following complaints
- 1. Nasal obstruction
- 2. Nasal discharge
- 3. Post Nasal drip
- 4. Sneezing
- 5. Epistaxis
- 6. Headache or facial pains

- Swelling or deformity
- Disturbance of smell
- Change in voice (hyper or hypo nasality)
- Snoring

Examination of the nose

- Nasal Examination includes
- 1. Examination of external nose
- 2. Examination of vestibule
- 3. Anterior rhinoscopy
- 4. Posterior rhinoscopy
- 5. Functional examination of the nose

Examination of paranasal sinuses

- Maxillary sinus
- Frontal sinus
- Ethmoid sinus
- Sphenoid sinus

Examination of Nasopharynx

- A patient with disease of the nasopharynx presents with
- 1. Nasal obstruction
- 2. Post nasal discharge
- 3. Epistaxis
- 4. Deafness (tubal block)
- 5. Cranial nerve palsies
- 6. Enlargement of lymph nodes in the neck

- Examination includes
- 1. Anterior rhinoscopy
- 2. Posterior rhinoscopy
- 3. Nasoendoscopy
- 4. Cranial nerves
- 5. Cervical lymph nodes

Throat

This involves

- The oral cavity
- Oropharynx and
- Laryngopharynx

Oral cavity

• This extends from the lips to the anterior tonsillar pillars.

Structures involved includes

- The lips
- Buccal mucosa
- Gums and teeth
- Hard palate
- Anterior 2/3 of tongue
- Floor of mouth

Oropharynx

Oropharynx lies opposite the oral cavity

Structures involved are the

- Tonsils and pillars
- Soft palate
- Base of tongue
- Posterior pharyngeal wall

- A person with disease of the oropharynx presents with one or more of the following symptoms
- 1. Sorethroat
- 2. Dysphagia
- 3. Odynophagia
- 4. Change in voice
- 5. Earache
- 6. Snoring
- 7. Halithosis
- 8. Hearing loss
- 9. Abnormal appearance

Examination of Tonsils

Look for

- Presence
- Size
- Symmetry
- Crypts
- Membrane
- Ulcers
- Mass
- bulge

Examination of Larynx and Laryngopharynx

Symptomatology

- Disorders of voice
- Respiratory obstruction
- Cough
- Repeated clearing of throat
- Pain in throat
- Dysphagia
- Mass in the neck

Exammination of larynx includes

- External examination of larynx
- Indirect laryngoscopy
- Flexible or fibre-optic endoscopy
- Assessment of voice
- Assessment of cervical lymph nodes

Head and Neck lymph nodes

• This is an entire topic on its own



QUESTIONS?