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# Transthoracic Echocardiographic Measurement of the Ascending Aorta in Bicuspid Aortic Valve Patients: A Simple Standardized Method

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TABLES & FIGURES

**Table 1. Clinical and Echocardiographic Characteristics of Patients With Bicuspid and Tricuspid Aortic Valves**

|                                   | BAV<br>(n=45) | Control<br>(n=45) | p |
|-----------------------------------|---------------|-------------------|---|
| Age, y                            | 47.5 ± 12.6   | 47.6 ± 12.6       |   |
| Men, %                            | 80            | 80                |   |
| Height, cm                        | 172 ± 11      | 173 ± 12          |   |
| Weight, kg                        | 83 ± 23       | 88 ± 20           |   |
| Body surface area, m <sup>2</sup> | 1.96 ± 0.27   | 2.01 ± 0.26       |   |
| Heart Rate                        | 70 ± 10       | 77 ± 12           |   |
| SEP, mm Hg                        | 121 ± 14      | 119 ± 8           |   |
| DEP, mm Hg                        | 75 ± 10       | 76 ± 10           |   |
| Ejection Fraction, %              | 63 ± 8        | 63 ± 4            |   |
| Mild AS                           | 19 (42%)      | 0                 |   |
| Moderate AS                       | 2 (4%)        | 0                 |   |
| Severe AS                         | 0             | 0                 |   |
| Mild AR                           | 16 (36%)      | 5 (11%)           |   |
| Moderate AR                       | 12 (27%)      | 0                 |   |
| Severe AR                         | 0             | 0                 |   |

**Table 2. Aortic Dimensions at Various Locations and in Different Phases of the Cardiac Cycle in Patients with Bicuspid and Tricuspid Aortic Valves**

|              | BAV<br>(n=45) | Control<br>(n=45) | p |
|--------------|---------------|-------------------|---|
| End-diastole |               |                   |   |
| 1cm          | 3.50 ± 0.49   | 2.92 ± 0.38       |   |
| 2cm          | 3.75 ± 0.54   | 3.01 ± 0.37       |   |
| 3cm          | 3.84 ± 0.58   | 3.05 ± 0.38       |   |
| End-systole  |               |                   |   |
| 1cm          | 3.59 ± 0.48   | 3.00 ± 0.35       |   |
| 2cm          | 3.84 ± 0.54   | 3.10 ± 0.35       |   |
| 3cm          | 3.95 ± 0.58   | 3.15 ± 0.36       |   |
| Mid-systole  |               |                   |   |
| 1cm          | 3.69 ± 0.49   | 3.05 ± 0.35       |   |
| 2cm          | 3.96 ± 0.54   | 3.16 ± 0.35       |   |
| 3cm          | 4.06 ± 0.58   | 3.22 ± 0.36       |   |

**Table 3. Percentage of Dilated Aortas Detected in Patients With Bicuspid Valves Using Control Criteria Applied Under Various Measurement Methodologies**

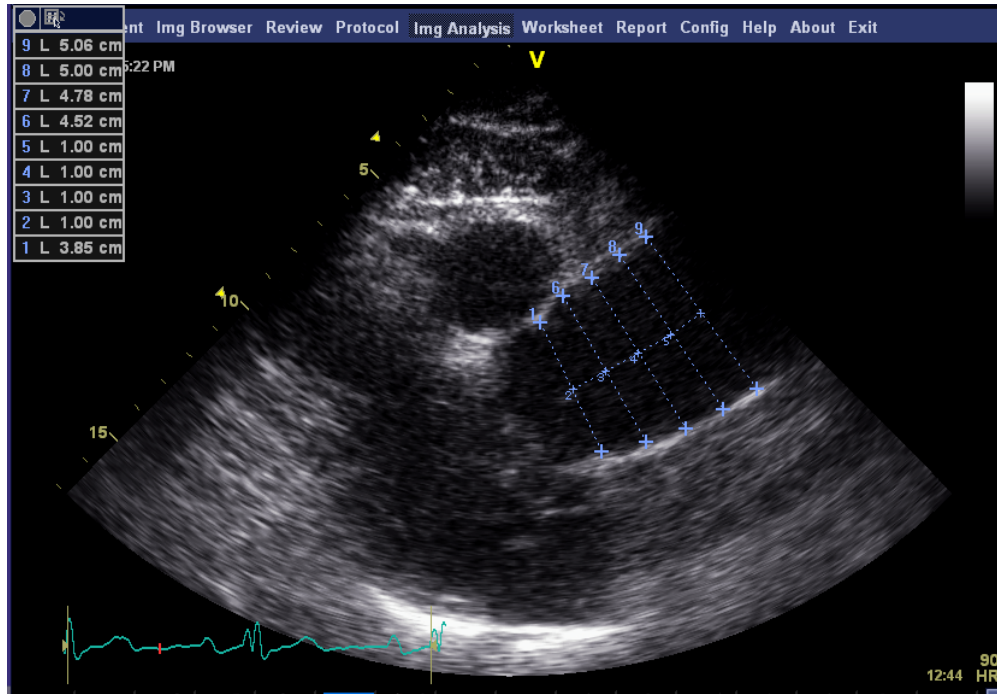
|              | Control + 2SD<br>(n=45) | Dilated BAV<br>(n=45) | p |
|--------------|-------------------------|-----------------------|---|
| End-diastole |                         |                       |   |
| 1cm          | 3.67                    | 16 (36%)              |   |
| 2cm          | 3.75                    | 24 (53%)              |   |
| 3cm          | 3.81                    | 25 (56%)              |   |
| End-systole  |                         |                       |   |
| 1cm          | 3.70                    | 19 (42%)              |   |
| 2cm          | 3.81                    | 24 (53%)              |   |
| 3cm          | 3.88                    | 25 (56%)              |   |
| Mid-systole  |                         |                       |   |
| 1cm          | 3.74                    | 21 (47%)              |   |
| 2cm          | 3.87                    | 28 (62%)              |   |
| 3cm          | 3.94                    | 28 (62%)              |   |

**Table 4. Mean Differences in Aortic Diameter Between Different Phases of the Cardiac Cycle in BAV Patients and Controls**

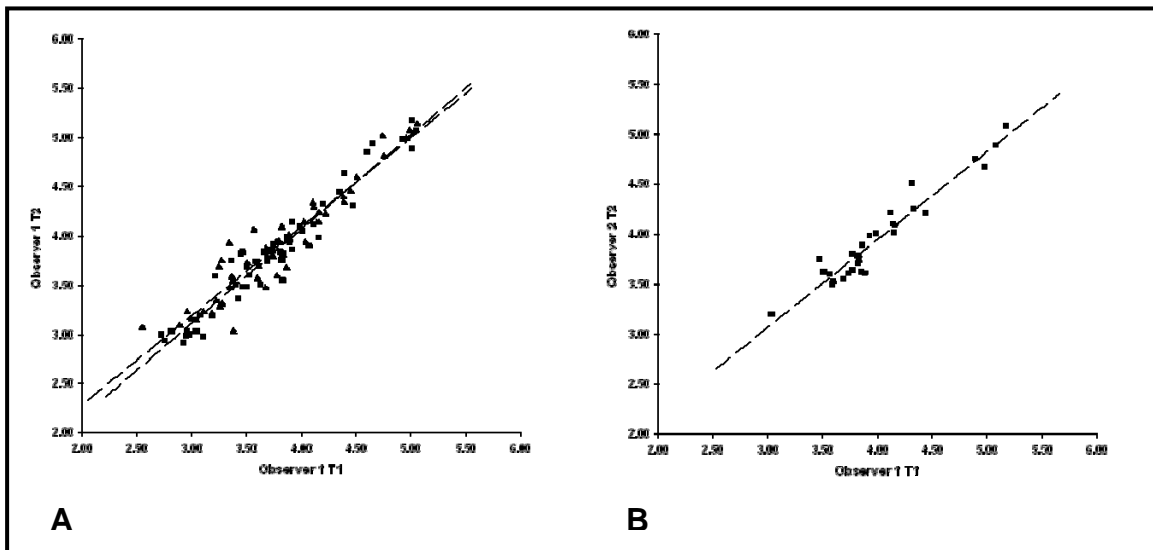
|       | BAV<br>(n=45) | Control<br>(n=45) | p |
|-------|---------------|-------------------|---|
| 1cm   |               |                   |   |
| ES-ED | 0.10 ± 0.11   | 0.08 ± 0.09       |   |
| MS-ES | 0.09 ± 0.10   | 0.05 ± 0.08       |   |
| MS-ED | 0.19 ± 0.13   | 0.13 ± 0.09       |   |
| 2cm   |               |                   |   |
| ES-ED | 0.09 ± 0.15   | 0.10 ± 0.08       |   |
| MS-ES | 0.12 ± 0.09   | 0.08 ± 0.04       |   |
| MS-ED | 0.21 ± 0.13   | 0.16 ± 0.09       |   |
| 3cm   |               |                   |   |
| ES-ED | 0.11 ± 0.13   | 0.10 ± 0.08       |   |
| MS-ES | 0.10 ± 0.09   | 0.08 ± 0.05       |   |
| MS-ED | 0.22 ± 0.13   | 0.17 ± 0.09       |   |

**Table 5. Percentage of Dilated Aortas Detected in Patients With Bicuspid Valves Using Control Criteria Applied Under Various Measurement Methodologies**

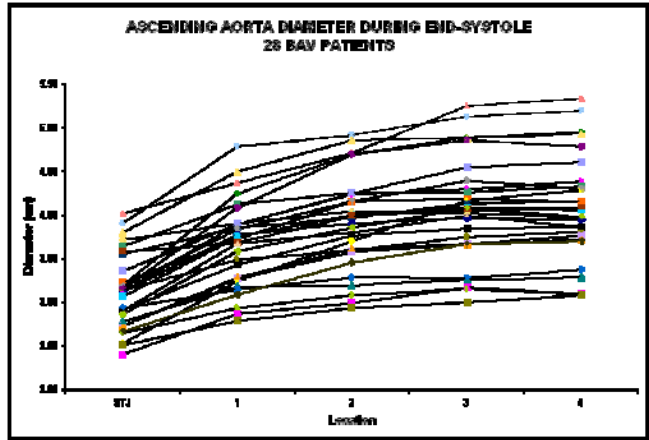
|              | Control + 2SD<br>(n=45) | Dilated BAV<br>(n=45) | p |
|--------------|-------------------------|-----------------------|---|
| End-diastole |                         |                       |   |
| 1cm          | 3.67                    | 16 (36%)              |   |
| 2cm          | 3.75                    | 24 (53%)              |   |
| 3cm          | 3.81                    | 25 (56%)              |   |
| End-systole  |                         |                       |   |
| 1cm          | 3.70                    | 19 (42%)              |   |
| 2cm          | 3.81                    | 24 (53%)              |   |
| 3cm          | 3.88                    | 25 (56%)              |   |
| Mid-systole  |                         |                       |   |
| 1cm          | 3.74                    | 21 (47%)              |   |
| 2cm          | 3.87                    | 28 (62%)              |   |
| 3cm          | 3.94                    | 28 (62%)              |   |



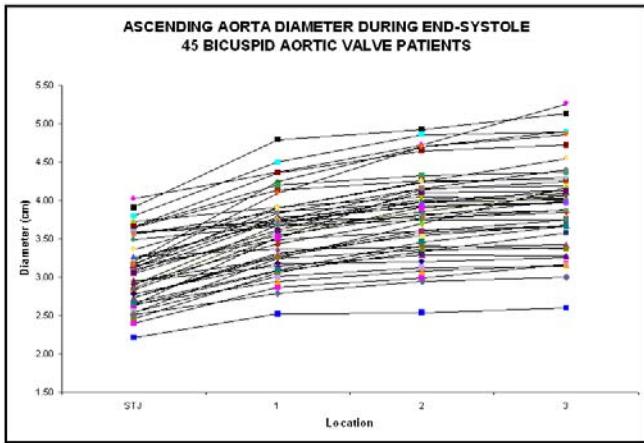
**Figure 1.** Measurement of aortic diameter in a BAV patient at 1cm, 2cm, 3cm, and 4cm from the STJ in end-systole using EchoPac software.



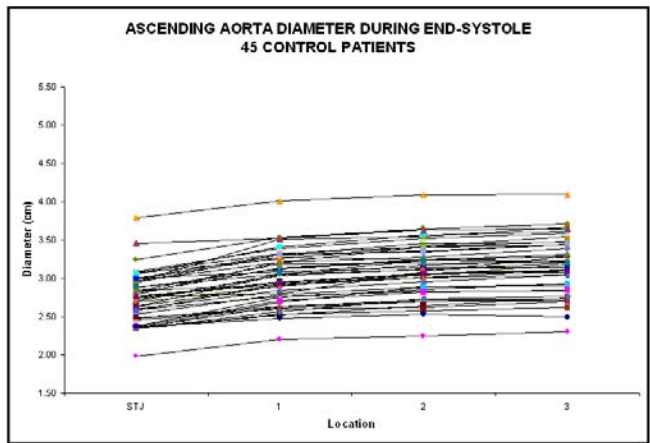
**Figure 2.** (A) Intraobserver variability at 2 times and (B) interobserver variability between two investigators (AA, LP) for aortic measurements 1cm, 2cm, and 3cm from the STJ in end-diastole (black squares) and end-systole (black triangles).



**Figure 3.** Aortic diameter in 28 BAV patients measured in 1cm intervals from the STJ up to 4cm.



**Figure 4.** Ascending aorta diameter measured in end-systole for 45 BAV patients.



**Figure 5.** Ascending aorta diameter measured in end-systole for 45 control subjects with a tricuspid aortic valve.