Engaging American Indian Women and Communities to Culturally Tailor a Lifestyle Modification Intervention to Reduce Cardiometabolic Risk after Gestational Diabetes

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Creating Crucial Connections: Lessons Learned from Engaging Diverse Communities in Research

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Indigenous CBPR Principles:

1. **Acknowledge Historical Experience**
2. **Recognize Tribal Sovereignty**
3. **Differentiate Between Tribal and Community Membership**
4. **Understand Tribal Diversity and Its Implications**
5. **Plan for Extended Deadlines**
6. **Recognize Key Gatekeepers**
7. **Prepare for Leadership Turnover**
8. **Interpret Data within the Cultural Context**
9. **Utilize Indigenous Ways of Knowing**

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Maintaining those crucial connections

▸ Connect with likeminded clinicians who care for women in the community – work with people with programmatic 

▸ Lessons learned in recruitment may translate to future phases of the research project – what’s FEASIBLE with your population?
Jones, E. J. (2014, August.) *Postpartum approaches to reduce cardiometabolic risk in Oklahoma American Indian women with previous gestational diabetes.* National Gestational Diabetes Network Webinar, sponsored by the National Association of Chronic Disease Directors (NACDD), Centers for Disease Control and Prevention (CDC).

*Link to archived CDC webinar presentation reporting findings of the Path to Prevention Study is available upon request*