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Transitioning home: Tips for health care workers to keep their families safe

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Transitioning home

Tips for health care workers to keep their families safe



Disinfect your **face shield** with a disinfecting wipe and place in brown paper bag that has your name and date on it and store in your locker.



Disinfect **phone** daily. Periodically disinfect other **commonly touched surfaces** at home such as door knobs, refrigerator handle, remote, computer keyboard, etc.



If using an **N95 mask**, place it in a brown paper bag that has your name on it. Surgical masks should be discarded.



Regularly disinfect your car's **steering wheel, door handles and dashboard knobs**.



Wash hands with soap and water when leaving your unit.



Always avoid touching your **eyes, nose and mouth** to stop the spread of germs.



When you get home, remove scrubs and place in **laundry** then **shower**.