beta-Actin messenger RNA localization and protein synthesis augment cell motility

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The following is the corrected version of Fig. 4 for the above-mentioned article.
Abstract. In chicken embryo fibroblasts (CEFs), β-actin mRNA localizes near an actin-rich region of cytoplasm specialized for motility, the lamellipodia. This localization is mediated by isoform-specific 3′-untranslated sequences (zipcodes) and can be inhibited by antizipcode oligodeoxynucleotides (ODNs) (Kislauskis, E.H., X.-C. Zhu, and R.H. Singer. 1994. J. Cell Biol. 127: 441–451). This inhibition of β-actin mRNA localization resulted in the disruption of fibroblast polarity and, presumably, cell motility. To investigate the role of β-actin mRNA in motility, we correlated time-lapse images of moving CEFs with the distribution of β-actin mRNA in these cells. CEFs with localized β-actin mRNA moved significantly further over the same time period than did CEFs with nonlocalized mRNA. Anti-zipcode ODN treatment reduced this cell translocation while control ODN treatments showed no effect. The temporal relationship of β-actin mRNA localization to cell translocation was investigated using serum addition to serum-deprived cultures. β-actin mRNA was not localized in serum-deprived cells but became localized within minutes after serum addition (Latham, V.M., E.H. Kislauskis, R.H. Singer, and A.F. Ross. 1994. J. Cell Biol. 126:1211–1219). Cell translocation increased over the next 90 min, and actin synthesis likewise increased. Puromycin reduced this cell translocation and blocked this induction in cytosolic actin content. The serum induction of cell movement was also inhibited by antizipcode ODNs. These observations support the hypothesis that β-actin mRNA localization and consequent protein synthesis augment cell motility.

Most differentiated cells are structurally and functionally polarized with regard to apical–basal, anterior–posterior, or proximal–distal axes of asymmetry. For motile cells, like fibroblasts, anterior polarity is indicated by the lamellipodium, a flattened extension of the leading edge of cytoplasm highly enriched in actin. Polymerization of actin in the lamellipodium is fundamental to the process of membrane protrusion (Wang, 1985). Conversion of protrusion into cell translocation across a surface requires coordination of the cytoskeleton, adhesion, and membrane systems (Lauffenburger and Horwitz, 1996; Mitchison and Cramer, 1996). The ability to generate and maintain this functional asymmetry involves the enrichment of actin at the lamellipodia.

mRNA sorting is one mechanism to effect the enrichment of proteins asymmetrically within a cell. We have postulated that β-actin mRNA localization results in the compartmentalized synthesis of β-actin proximal to the leading edge of the fibroblast (Lawrence and Singer, 1986) and that this localization is important for the polarity and motility of the cell (Kislauskis et al., 1995). This view is supported by our results in chicken embryo fibroblasts (CEFs) treated with specific antisense oligodeoxynucleotides (ODNs) that delocalized β-actin mRNA and showed a loss of cell polarity (Kislauskis et al., 1994).

Maintenance of a motile morphology requires the continuous presence of serum in media. The polymerization state of actin is sensitive to serum composition of the medium (Riddle et al., 1979); addition of serum to starved cells results in rapid actin filament formation (Ridley and Hall, 1992, 1994). Analogously, β-actin mRNA is rapidly relocated to the developing leading lamellae of CEFs (Latham et al., 1994) or pseudopods of rat muscle cells (Hill et al., 1994) upon addition of serum or serum growth factors to quiescent cells, where the mRNA is not localized. These data suggest that the same signal transduction pathways that cause actin filaments to elongate and membranes to ruffle also regulate β-actin mRNA localization (Latham et al., 1994). That β-actin mRNA sorts rapidly to the lamellipodia suggests that protein synthesis may be important in supplying actin for cell movement.

1. Abbreviations used in this paper: CEF, chicken embryo fibroblasts; ODN, oligodeoxynucleotides.
In this work, we test the hypothesis that β-actin mRNA localization serves a physiologically significant role in cell motility. The movement of individual cells and the distribution of β-actin mRNA was assessed as a function of various treatments: serum induction, antisense inhibition, and protein synthesis inhibition. The distance and direction of cell translocation was found to correlate with the distribution of β-actin mRNA and was inhibited by ODNs that de-localized β-actin mRNA. In serum-induced cells, the increase in actin protein synthesis was significant, enough to account for a doubling of the cellular actin in 15 h. An increase in cell movement accompanied this synthesis of actin. The increase in movement was inhibited by puromycin. These data support the hypothesis that β-actin mRNA localization and the consequent localized actin synthesis contribute significantly to cell movement.

Materials and Methods

Cell Culture

Primary CEFs were prepared as previously described (Kislauskis et al., 1993), cultured for 72 h, and were replated on 0.5% gelatin-coated coverslips with a finder grid (model CELLocate; Eppendorf, Hamburg, Germany) for a minimum of 16 h before performing a motility analysis. Each grid square was 175 μm. Standard culture medium included 10% FBS in MEM I (GIBCO BRL, Gaithersburg, MD) unless otherwise stated. Serum-starved CEFs were cultured in OPTI-MEM I or MEM I medium (GIBCO BRL) for 24 h before any described change in medium. Cycloheximide (5 μM) and puromycin (200 μg/ml) were used in the inhibitor studies. Both inhibited >95% incorporation of [35S]methionine into actin relative to untreated control as evaluated by SDS-PAGE and autoradiography (data not shown).

Motility Analysis

CEF s on coverslips with the finder grids were transferred to fresh media supplemented with various ODNs or no additives. Video images were taken at the indicated intervals before and during ODN treatment using phase contrast optics on a microscope (model Microphot-SA; Nikon, Inc., Melville, NY) connected to a black and white CCD camera (Microvide Instruments, Inc., Avon, MN) and printed with a high resolution video graphic printer on high-density paper. Change in cell position over time was plotted on transparency overlaid and aligned with the CELLocate grid within each video frame. The magnitude and direction of cell translocation was established by measuring a change in the position of the center of each nucleus during each interval. CEFs undergoing mitosis were excluded from the analysis. Analysis of variance between treatments in the motility analyses was performed using the Turkeys-HSD test with significance level 0.05.

Phosphorothioate ODNs

Phosphorothioate-modified ODNs were synthesized (model 394 DNA synthesizer; Applied Biosystems, Inc., Foster City, CA) and purified by electrophoresis through a 20% polyacrylamide gel. Additional contaminants were removed by columns (sepack C18; Millipore, Milford, MA). The ODNs were lyophilized overnight and resuspended in diethyl pyrocarbonate-treated sterile water (Kislauskis et al., 1994). ODNs (8 μM) were included in medium containing 10% FBS, and, when appropriate, fresh media and ODNs were replaced every 4 h. Within three consecutive 4-h treatments, the phenotypic effects on lamellipodia structure, cell polarization, and actin filament distribution were evident (Kislauskis et al., 1994).

Actin Quantitation

Approximately 0.5 × 10^6 CEFs were plated in 60-mm dishes and cultured in 10% FBS/MEM for 18 h. The cells were rinsed with cold Hank’s buffer twice and incubated in MEM for 23.5 h, when either puromycin (200 μg/ml) or the same volume of MEM was added for 30 min. Parallel cultures were trypanoized and counted to determine cell number at the time of extraction. Each plate of CEFs was simultaneously induced with 10% FBS/MEM, quickly rinsed with Hank’s buffer, and then extracted on ice with 300 μl of cold 100 mM NaCl, 50 mM Tris, pH 7.4, 5 mM MgCl₂, 5 mM EDTA, and 1% Triton X-100. CEF extract was scraped from each plate, mixed by gentle inversion for 2 h in the cold, and centrifuged for 2 min at 5,000 rpm. One-quarter of the extract supernatant was electrophoresed through a standard 10% SDS-PAGE with a 3% stacking gel (National Diagnost, Atlanta, GA) for a minimum of 25 mA through the stacking gel and 35 mA through the resolving gel. A range of concentrations of purified actin (No. A-0548; Sigma Chemical Co., St. Louis, MO) from 0.2–5.0 μg were loaded in the same gel as reference standards. The gel was fixed and stained overnight in 0.2% Coomassie brilliant blue, 50% EtOH, and 5% acetic acid. It was destained in 30% MeOH, 5% glycerol and soaked overnight in 25% MeOH, 5% glycerol and dried between cellophane sheets. The quantity of actin on lane was determined by scanning densitometry using ImageQuant™ Version 1.1 for Macintosh (Molecular Dynamics, Sunnyvale, CA).

Results

The Distribution of β-Actin mRNA Correlated with the Magnitude and Direction of Cell Translocation

To determine whether CEF movement correlated with the distribution of β-actin mRNA, we recorded time-lapse video images of individual CEFs crawling over a finder-grid coverslip. Immediately thereafter, coverslips were fixed and subjected to in situ hybridization using probes specific to β-actin mRNA. CEFs were categorized (Fig. 1) as either “localized,” when the majority (~80%) of mRNA signal occurred within the leading lamellae, or “nonlocalized,” when the signal was distributed throughout the cytoplasm. Each of 171 cells was evaluated and a change in position of the nucleus (μm) was determined relative to the distribution of β-actin mRNA in the same cells (Fig. 2). During the 45-min interval, nearly all cells (93%) moved a measurable distance. Of these motile cells, 68% showed localized β-actin mRNA toward the leading edge in one or more cell protrusions, consistently (97%) in the direction of movement. The remainder (32%) of motile cells were categorized as

In Situ Hybridization and Microscopy

In situ hybridization was performed using nick-translated digoxigenin-labeled β-actin cDNA probes to detect endogenous β-actin mRNA as previously described (Sundell and Singer, 1990; Kislauskis et al., 1994), unless otherwise stated. Alternatively, Cy-3 fluorochrome-conjugated antisense ODN corresponding to β-actin 3′-untranslated sequences were used as probes as previously described (Kislauskis et al., 1993). Coverslips processed after alkaline phosphatase detection of in situ hybrids were mounted in GelMount aqueous/dry mounting media (Biomeda, Foster City, CA). Coverslips processed for fluorescence detection of hybridized probes were mounted in phenylenediamine (1 mg/ml) after staining with 4′,6-diamidino-2-phenylindole. Fluorescence and phase contrast microscopy were performed on a microscope (model Microphot-SA; Nikon, Inc.). mRNA was judged to be localized when most of the colored in situ signal was asymmetrically distributed in lamellae, separated from the nucleus. Signal that contacted the nucleus scored as nonlocalized.
having nonlocalized mRNA signal. Few nonmotile cells (24%) showed localized β-actin mRNA. Significantly, CEFs with localized mRNA translocated an average of 1.6-fold further than cells with nonlocalized mRNA (28.1 compared to 17.6 μm). This differential in motility between CEFs with localized and nonlocalized β-actin mRNA was highly significant \( (P < 0.0001) \). Thus, the distribution of β-actin mRNA correlated with the magnitude and direction of cell translocation.

**Inhibition of β-Actin mRNA Localization Reduced Cell Motility**

In our previous study, ODNs complementary to zipcode sequences, but not flanking 3′ UTR sequences, delocalized endogenous β-actin mRNA and affected cell morphology (Kislauskis et al., 1994). ODN treatments did not reduce steady-state levels of actin mRNA nor the ability of β-actin mRNA to be translated (Kislauskis et al., 1994). Hence, the effect of ODN treatment on CEF shape was proposed to have resulted from the mislocalized synthesis of β-actin throughout the cytoplasm. To extend these observations and probe the role of β-actin mRNA localization in cell motility, the same protocol was used and cell translocation evaluated over the subsequent 60-min interval (Fig. 3).

ODN treatments corresponding to the middle or distal third of the zipcode (ODN B or C, respectively) had marked effects on translocation relative to untreated cells (no ODN) or control ODN treatments (C+ or D). Migration distance was reduced by 55% with ODN B (13.6 μm) and by 38% with ODN C (18.9 μm) relative to untreated CEFs (30.4 μm), while the effect of antizipcode A, corresponding to the first third of the 54-nucleotide zipcode, was not significantly different from the control ODN treatments \( (P > 0.05) \). The conclusion from this analysis was that inhibition of β-actin mRNA localization resulted in significantly reduced cell translocation.

**Serum-induced Relocalization of β-Actin mRNA and Translocation Are Mediated Through the Zipcode**

Rapid changes in the distribution of actin mRNA and protein occur within minutes of serum addition to serum-starved (24 h) CEFs (Fig. 4 a). Lamellipodia are induced by serum replacement and become enriched in phalloidin-stained actin filaments (Fig. 4, c and e), and β-actin mRNA changes from nonlocalized (Fig. 4 b) to localized (Fig. 4, d and f).

Both actin and protein localization occurred rapidly upon addition of serum (Fig. 5). Within 2 min, the percentage of CEFs with phalloidin-labeled lamellipodia increased from 38 to 92%, while those with localized β-actin mRNA approached half-maximum, from 18 to 39%. By 5 min, the percentage of CEFs with actin-rich lamellipodia peaked at 97%, while CEFs with localized mRNA reached a steady-state percentage (60%). After 1 h, the percentage of CEFs with lamellipodia declined to nearly 60%, the same percentage showing localized β-actin mRNA. Therefore, rapid relocalization of β-actin mRNA in response to serum correlated temporally with protrusion of lamellipodia, an early event in motility.

Next, we added serum and one of various ODNs simultaneously, or no additive, to serum-starved cells to evaluate...
the consequences of ODN treatment on the rapid induction of β-actin mRNA localization and cell translocation (Fig. 6). Because ODNs enter the cell rapidly and hybridize to their targets within minutes (Politz et al., 1995), it was possible that antisense treatment could block the transport and anchoring of β-actin mRNA in the leading lamellae. After a 30-min treatment, the CEFs were fixed and processed to detect β-actin mRNA by in situ hybridization. In this experiment, β-actin mRNA was localized in 23% of the serum-starved CEFs (Fig. 6). Within 30 min of serum treatment, 61% showed localized β-actin mRNA (Latham et al., 1994). Treatment with either antizipcode ODN B or C impeded this localization. β-Actin mRNA was localized in 37% of CEFs treated with serum containing antizipcode C, whereas localization was comparable to untreated cells after treatment with control ODNs (D = 68% and C+ = 73%, respectively). Therefore, the zipcode sequence in the 3′ UTR, which had previously been identified by other methods (Kislauskis et al., 1994), also mediated the serum-induced relocation.

To examine whether β-actin mRNA relocalization was important for translocation, serum-starved CEFs were treated as above, in the presence or absence of antizipcode or control ODN treatments, and photographed over 90 min before being fixed and stained with FITC-phalloidin. Actin polymerization or protrusion of lamellipodia was not inhibited by ODN treatment nor was translocation after 30 min of treatment (data not shown). However, after a 90-min treatment, translocation in response to serum was inhibited with ODN B and C (52 and 38%, respectively) but not the corresponding control ODNs, which had the same sequences in the reverse orientation (Fig. 7). These results indicate that the same cis-acting sequences (zipcodes) that regulate β-actin mRNA localization in the steady state mediate serum-induced relocalization of β-actin mRNA. Furthermore, these results suggest that β-actin mRNA localization contributed to processes in motility that followed the initial actin polymerization and protrusion of the lamellipodia.

Role of Protein Synthesis in Translocation

To investigate the role of protein synthesis in cell motility, CEFs were treated with an inhibitor of polysome integrity (puromycin). Analysis of translocation distance was determined within 105 min of treatment to minimize collateral effects of general inhibition of protein synthesis. In a steady-state culture (Fig. 8), translocation was suppressed by 15% after 35 min of treatment and an additional 15% over the next 35-min interval. Thereafter, translocation levels off at ~70% of controls.

To determine whether actin synthesis could account for the increased motility in response to serum, we measured total cytosolic actin content after the addition of serum to serum-starved cells (Fig. 9). Serum-starved cells contained 9 pg actin per cell, while CEFs cultured in serum (steady-state) contained ~18 pg. Within 30 min of serum addition, an increase in actin synthesis was detected. By 4 h, actin content increased to 13.2 pg/cell, at a rate of 1.67 pg/h. Purol...
mycin treatment effectively blocked this induction (data not shown). These results indicate that actin protein synthesis can play a significant role in increasing the cellular actin content over time.

**Discussion**

The results presented herein are consistent with the hypothesis that β-actin mRNA localization has a physiologically significant role in fibroblast motility. Presumably, the mRNA augments cell motility by providing synthesis of new actin monomers for polymerization at the leading edge. Several results support this interpretation. First, cells with β-actin mRNA localized in the leading lamellae moved farther than cells that did not, previous to fixation and in situ hybridization. Second, inhibition of this localization with specific antizipcode ODNs retarded translocation distances relative to controls, independent of the...
growth conditions of the cells. Third, serum addition to starved cells rapidly induced both mRNA localization and motility. Fourth, the amount of actin per cell increased significantly after serum stimulation. Fifth, this increase was inhibited by puromycin, as was the increase in cell motility.

Because F-actin and actin mRNA appear in the lamellipodia and leading lamellae, respectively, within 2 min of serum addition, both the actin protein and mRNA appear to sort simultaneously. That β-actin mRNA localization does not require protein synthesis (Sundell and Singer, 1990) and puromycin did not inhibit formation of the lamellipod shows that these events are independent, initially. Later (>30 min), disruption of actin mRNA localization and inhibition of protein synthesis did have an effect on cell translocation. Therefore, it is reasonable to propose that translation of localized β-actin mRNA is important to achieve maximal translocation.

Contemporary models of cell motility have not seriously considered a role for translation (Lauffenburger and Horwitz, 1996; Mitchison and Cramer, 1996). This is in part because protein synthesis inhibitors were not observed to completely prevent motility or protrusion of the lamellipodia (Spooner et al., 1971; Albrecht-Buhler, 1980). Over time, quantitation of translocation distance demonstrated that inhibition of protein synthesis resulted in a partial effect (~50%) on motility in primary fibroblasts.

How could protein synthesis influence the dynamics of the cellular actin pool? In response to serum stimulation, protein synthesis rates have been estimated to increase fourfold. At the peak rate of synthesis, 4–6 h after serum addition, actin synthesis accounts for 15% of the total cell constituents (Riddle et al., 1979). If ribosomes are spaced 15 nucleotides apart, synthesis of one actin/s/mRNA is well within the established translation rate of a polysome/mRNA complex, estimated to be about five amino acid residues per second (Darnell et al., 1995). This would result in the synthesis of about 150,000 actin molecules/min, as assuming ~2500 mRNAs/cell (Latham et al., 1994). We have measured the average actin content per cell to be 10.5 pg, which represents ~1.5 × 10⁸ actin molecules/cell. This is also the number of actin molecules calculated per cell by another independent method, based on ~1.8 pl volume/cell and an actin concentration of 135 μM. At a rate of synthesis of 150,000 actin/min, a cell could increase its actin content by 6% per hour (0.9 × 10⁷ actin molecules/h). Growing CEFs divide approximately every 20 h, allowing sufficient time for the actin content to double. These calculations are consistent with the amount of actin synthesis we actually observed per cell. We observe that actin

Figure 5. The course of serum-induced relocalization of β-actin protein and its mRNA. CEFs were induced with 10% FBS after a 24 h serum starvation (Fig. 4). Coverslips with CEFs were removed 0, 2, 5, 10, 30, and 60 min after induction. The percent of CEFs is represented with localized mRNA (open circles) or with lamellipodia staining by β-actin immunocytochemistry (closed circles). The experimental mean was calculated from three separate experiments for each point except 60 min (single experiment).

Figure 6. Serum-induced relocalization of β-actin mRNA is mediated through the β-actin zipcode. CEFs were serum deprived for 24 h and induced for 30 min with 10% FBS containing the indicated ODNs or no ODNs. β-Actin mRNA localization in the population was evaluated by in situ hybridization as described in Materials and Methods. The effects of ODNs on the percentage of CEF with localized β-actin mRNA signal is shown. The serum-starved level of localization was 23%.
content after serum stimulation increased at the rate of 1 pg/h/cell, or $\sim 1.4 \times 10^7$ molecules/h, nearly a 10% increase per hour. Based on an estimated 2,500 mRNAs, this is the equivalent of 3,900 actin molecules synthesized per second, or $\sim 1.5$ actins/s/mRNA. Most important, however, is the obvious conclusion that all the synthesis is restricted to where the mRNA is localized (i.e., the lamella). The generation of over $10^5$ actin molecules/min in a cytoplasmic compartment that represents only a few percent of the total cell volume may have significant consequences for this region of the cell, the region most involved in cell motility (see below).

The serum induction of mRNA localization, and subsequent actin synthesis, provides the basis for a model of how translation may promote cell motility. Serum induces a burst of rapid actin polymerization in the leading lamella that precedes protrusion of the lamellipod. In mammary adenocarcinoma cells stimulated with an upshift of EGF concentration, polymerization is nucleated from severed actin filaments, and actin monomers are estimated to add to the leading edge at the rate of between 60,000 and 600,000 per second (Chan, A.Y., S. Raft, M. Bailly, J.B. Wyckoff, J.E. Segall, and J.S. Condeelis, manuscript submitted for publication), in an area within 1.5 $\mu$m of the leading edge membrane (Condeelis, 1993; Segall et al., 1996). This polymerization persists for 1 min, possibly using as much as 36 million monomers. Because the leading lamella is a minor portion of the total cytoplasm, this rapid reduction of actin monomers may deplete the local concentration, requiring either sorting of recycled actin or new synthesis. In cells moving in a gradient of EGF or spontaneously in culture, repetitive cycles of actin polymerization at the leading edge are expected. Localized actin synthesis could influence this cyclical reaction over time by augmenting the supply of free actin monomers necessary for preferential polymerization at the leading edge. This continuing, highly localized synthesis may become significant in maintaining the persistence of movement. In this model, it would follow that inhibition of mRNA localization, or of actin translation, would reduce the constant asymmetric supply of monomers, eventually affecting the translocation of the cell. The data presented here are consistent with this model since the initial protrusion events (polymerization of actin in lamellipodia) upon serum induction were unaffected by either the antizipode ODNs or puromycin treatment (data not shown). However, after 60 min, inhibition of protein synthesis began to negatively affect motility, suggesting that the continued supply of new actin monomer replenishes the leading edge.

$\beta$-Actin mRNA localization could affect other structures that are important in motility (Farmer et al., 1983; Bershad-
Focal adhesions influence locomotion by providing traction for the contractile force. Synthesis of actin (and other proteins) in association with this structure likewise may provide an anchoring point for filament elongation during protrusion. Fibroblasts, although slow in their migration, can generate very high traction forces because of their strong substrate adherence (Lauffenburger and Horwitz, 1996). The localized supply of actin monomers at the leading edge could also facilitate the synthesis and assembly of proteins involved in forming the focal adhesions.

This work has focused on the β-isoform of actin, implicated in cell motility (Hoock et al., 1991; Herman, 1993). Other actin isoforms such as α- and γ- are also components of the cytoskeleton in particular cell types (Otey et al., 1988). The ratio of the various isoforms within the cell has a profound effect on cell structure and function (Schevzov et al., 1992; Lloyd and Gunning, 1993). While each actin isoform is highly conserved in amino acid sequence, the 3′-UTRs of their respective mRNAs differ. Possibly, each isoform is synthesized in its respective cytoplasmic compartment, and protein sorting results (von Arx et al., 1995), in part, from the distribution of their respective mRNAs. mRNA localization therefore represents a spatial component of gene expression in the cytoplasm dictating where a protein will be synthesized. This level of control of gene expression could be as significant to cell structure and function as which protein is expressed.

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