Physician-Scientist Initiative: AAIM Third Consensus Conference on the Physician-Investigator Workforce

Maria M. Garcia
University of Massachusetts Medical School

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Physician-Scientist Initiative:
AAIM Third Consensus Conference on the Physician-Investigator Workforce

Maria M. Garcia MD, MPH, FACP
Associate Professor of Medicine
Association of Academic Internal Medicine (AAIM) Conference Planning Committee
UMCCTS 6th Annual Research Retreat
Funding for this conference was made possible (in part) by National Institutes of Health Grant #1R13TR001399-01 from the National Center for Advancing Translational Sciences.
2007: APM hosted the First Consensus Conference on Physician-Scientist Workforce

- Recognized the increasing challenges in attracting and retaining physician investigators (PIs)

- Renewed assessment needed to revitalize the PI workforce
2008: **APM / AAMC** hosted Second Consensus Conference on Physician- Investigator Workforce

- Served to broaden the scope of this “call to action” across disciplines

- Incorporated Clinical Faculty Leaders
2015: **AAIM** Third Consensus Conference on the Physician-Investigator Workforce

**Physician-Scientist Initiative**

The AAIM Physician-Scientist Initiative seeks to identify, develop, and implement substantive and practical solutions that will ensure the survival, growth, and diversity of the physician-scientist workforce.

**Third Consensus Conference on the Physician-Investigator Workforce**

**November 12-13, 2015**

In recognition of the persistent and increasing challenges in attracting and retaining physician investigators (PIs) in academic medical centers and other research venues (“physician-scientists—an endangered species” Wyngaarden, 1979), there is widespread agreement within the biomedical research community that there needs to be renewed assessment of the factors that threaten this critically important career pathway as well as the development of ways to revitalize the PI workforce.
Re-examining the Physician Investigator Workforce: New and Evolving Areas of Research and Pathways to Success in Academic Institutions

November 12-13, 2015

Goal:

• To assess the current environment in which academic medical centers develop the careers of PIs
• Seek innovative solutions (beyond federal funding)
• To overcome existing challenges so as to maintain and expand a vigorous workforce

Five plenary presentations on key topics as a way to “level set” goals/background knowledge

Ten breakout sessions with recommendations targeted to the NIH, funding age

More than 100 individuals attended (academic administrators, department chairs, program directors, representation from NIH, national foundations, National Academy of Medicine and pharmaceutical industry agencies and academic health leaders)
Breakout Groups: Re-examining the Physician-Scientist Workforce

Group #1: The pipeline for physician-investigators: Maintenance or opportunities for incremental growth in 2015

Group #2: Highly effective mentoring of the young physician-investigator in the new era

Group #3: Traditional and alternative funding support for the physician-investigators

Group #4: Fostering physician-investigator careers outside of the laboratory: Clinical, implementation, use of electronic medical records and “Big Data”

Group #5: Institutional bridge support: How to maintain productive physician-investigators during funding lapses

Group #6: Effective modes of collaboration between physician-physician-investigators and the biotechnology/pharmaceutical industry

Group #7: Minority, gender and generational issues which affect the physician-investigator pipeline

Group #8: Team science: How to evaluate individual contributions

Group #9: The role of MSTP and ABIM Research pathways in fostering careers of physician-investigators

http://www.im.org/p/cm/ld/fid=1346
Strategies: Attract and Retain Physician-Scientists

- Increase entry into the physician-scientist pipeline
- Reduce attrition of physician-scientists to other areas within the biomedical field
Issues Affecting the Entry into the Physician-Scientist Pipeline
Entry into Pipeline: Lack of Diversity

MD/PHD Graduates (616)  2014-2015

- MD/PHD Grads (616)
- Multiple race/ethnicity (41)
- Black/African American (26)
- Outside US Countries (16)
- Hispanic/Latinos (12)

86%

6%

4%

2% 2%

Race and Ethnicity of the 2010 U.S. Population and the 2010 NIH Principal Investigators

2010 U.S. Census*

- American Indian or Alaska Native: 0.9%
- Asian: 4.8%
- Black or African American: 12.6%
- White: 72.4%
- Native Hawaiian and other Islander: 9.1%
- Hispanic or Latino (of any race): 16.3%
- Other, unknown, not reported, and more than one race: 0.2%

2010 NIH Principal Investigators on RPGs*

- 1.1%
- 16.4%
- 11.2%
- 71.0%
- 3.5%

NIH Principal Investigators on Research Project Grants, NIH IMPAC II(right)
Total percentage is over 100 because those identified as Hispanic/Latino may also have identified as other races. PI information collected by NIH includes an option for an applicant to signify both race and ethnicity.

ACD Working Group on Diversity in the Biomedical Research Workforce:
Entry into Pipeline:  *Unnecessary Prolongation of the Educational Experience*

An individual student choosing to also pursue a Ph.D. degree in a combined M.D.-Ph.D. program, the current scheme would typically appear as above.
RECOMMENDATIONS: Increase entry into the physician-scientist pipeline

- Promote biomedical research to students at young ages

- Accommodate physicians interested in biomedical research later in their careers (one year mentored research program/ Master’s/ Doctoral)

- Enhance opportunities for international physician-scientists to enter our nation’s physician-scientist workforce

- Decrease duration of MD/PHD programs

- Increase diversity of the physician-scientist workforce
Issues Affecting Attrition of Physician-Scientists
Attrition of Physician-Scientists: *Competition for External Support*

![Graph showing award rate of Individual NIH R01 Applicants, MD/PhD Degree (FY 1999-2012)](image-url)
Attrition of Physician-Scientists: *Financial Pressures and Career Mentoring Support*

Work-life-balance

**Other Crucial Issues for Physician Investigators**

- Housing
- Day Care
- Debt and Loan Forgiveness

Navigating the mentoring labyrinth

**Career Metaphor Images**

*Then*  

*Now*
Attrition of Physician-Scientists: ‘Pipeline’ --> ‘Railway’ with exit and re-entry potential

Stations along the travel route with potential for exit and re-entry without unnecessary barriers to re-entry advancement

Attention and Resources Should Be Directed at Repairing the Leaking Physician-Scientist Pipeline
RECOMMENDATIONS: Attrition of Physician-Scientist

Formalize mentoring programs including “mentoring the mentor” training and periodic review of mentoring results.

Establish grant programs targeted to support physician-scientist transition from training to independent research career.

Expand student loan repayment opportunities for those awarded NIH or VA career development grants.

Provide salary support for mentors named on career development awards.

Provide stable environment through provisions of protected time and bridge funding.

Re-consider criteria for promotion & tenure (P&T) and be transparent in P&T decision-making process.

Pursue new avenues for research and research funding including industry.

Establish a repository for physician-scientist career development data.

Assure department-wide salary equity.
Summary

• The proper valuing of our physician-scientist workforce is a key component in maintaining the status of the US as a world leader of biomedical research.

• Academic, government and private sectors must work together to promote biomedical research in K-12 education and promotion of this career choice in diverse groups that are underrepresented in the workforce.

• Academic medicine must embrace new ways in which biomedical advances are achieved fostering team science.

• Academia must create direct efficient career tracks to pursue research with robust levels of support.

The Physician Scientist is in a unique position to make important discoveries that impact on diagnosis, treatment, and prevention of human disease.