Chicopee and Springfield School Collaboration with UMass Amherst (UMA): Alcohol and Opioid Screening, Brief Intervention and Referral to Treatment

Donna Zucker  
*University of Massachusetts - Amherst*, donna@acad.umass.edu

Sally Linowski  
*University of Massachusetts - Amherst*

Genevieve E. Chandler  
*University of Massachusetts - Amherst*

See next page for additional authors

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Donna Zucker, Sally Linowski, Genevieve E. Chandler, Emma Dundon, Gloria DiFulvio, Diane Fedorchak, Suzanne Rataj, and Dawn Heffernan

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SBIRT Team: D. Zucker¹, S. Linowski², G. Chandler¹, E. Dundon¹, G. DiFulvio³, D. Fedorchak⁴, S. Rataj³ and D. Heffernan³

Problem

- 67.5% of high school students have consumed alcohol
- 40.1% indicate one drink in the last 30 days
- 22.2% having five or more drinks in the last 30 days
- Use typically begins during early adolescence and the first alcohol exposure peaking during grades 7 to 9

Innovation

- The UMA nursing undergraduate training program, SBIRT: The Power of Nursing to Change Health will train 150 undergraduate nursing students/year
- It builds on a SAMHSA curriculum that is integrated into existing psychiatric/mental health, pediatric-young adult and community nursing courses
- The curriculum incorporate alcohol and substance abuse disorders
- Both Community and Student Advisory Boards have been formed

Methods

Screening, Brief Intervention and Referral to Treatment (SBIRT)

Student nurses apply these new skills in their community and medical/surgical rotations in partnership with the Chicopee and Springfield Public Schools

Outcomes

- The UMA SBIRT Team completed the first training session October 2016 incorporating EBP into training and evaluation
- We have networked with state and regional SAMHSA officials MA School Nurses and the MA Office of Elder Affairs
- Community collaboration is critical to the success of the Power of Nursing to Change Health

College of Nursing

1 College of Nursing, 2 Dean of Students Office, 3 School of Public Health and Health Sciences, 4 Center for Health Promotion