Nov 30th, 1:30 PM - 2:45 PM

Breakout Session: "Integrating Community Engaged Research into the Patient-Centered Medical Home"

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PCMH & Community Engaged Research
Toni McGuire, EMK Health Center
Carole Upshur, DFMCH

• What do you know about PCMH?
• What do you know about community health centers?
• What do you want to learn in this session?
The TransforMED Patient-Centered Model
A Medical Home for All

A continuous relationship with a personal physician coordinating care for both wellness and illness

- Mindful clinician-patient communication: trust, respect, shared decision-making
  - Patient engagement
  - Provider/patient partnership
  - Culturally sensitive care
  - Continuous relationship
  - Whole person care

Practice-Based Services
- Comprehensive care
- for both acute & chronic conditions
- Prevention screening and services
- Surgical procedures
- Ancillary therapeutic and support services
- Ancillary diagnostic services

Practice Management
- Disciplined financial management
- Cost-Benefit decision-making
- Revenue enhancement
- Optimized coding & billing
- Personnel/HR management
- Facilities management
- Optimized office design/redesign
- Change management

Health Information Technology
- Electronic medical record
- Electronic orders and reporting
- Electronic prescribing
- Evidence-based decision support
- Population management registry
- Practice Web site
- Patient portal

Care Coordination
- Community-based resources
- Collaborative relationships
- Emergency Room
- Hospital care
- Behavioral health care
- Maternity care
- Specialist care
- Pharmacy
- Physical Therapy
- Case Management
- Care Transition

Care Management
- Population management
- Wellness promotion
- Disease prevention
- Chronic disease management
- Patient engagement and education
- Leverages automated technologies

Quality and Safety
- Evidence-based best practices
- Medication management
- Patient satisfaction feedback
- Clinical outcomes analysis
- Quality improvement
- Risk management
- Regulatory compliance

Practice-Based Care Team
- Provider leadership
- Shared mission and vision
- Effective communication
- Task designation by skill set
- Nurse Practitioner / Physician Assistant
- Patient participation
- Family involvement options

Find out more at www.TransforMED.com
Patient Survey about PCMH

• High risk registry phone calls
• Waiting room surveys
• Focus on barriers to care
• Self-care attitudes
• Awareness of PMCH goals
  – Care coordination and teams
  – Group visits
Barriers to seeking medical care

Figure 5. Percent of patients who have had to miss an appointment over the last 12 months because of barriers to care among patients at four health centers in the Worcester area, October 2012.
Health literacy

Figure 6. Survey responses to the question: “In the last 12 months, how often did providers at this health center use medical words you did not understand?” among patients at four health centers in the Worcester area, October 2012, n=260.
Health Self-Efficacy

Figure 8. Survey responses to three statements among adult patients and caregivers of pediatric patients at four health centers in the Worcester area, October 2012, n=256, 253, and 256, respectively.
Figure 12. Survey responses to the question: “If your health center held a weekly or biweekly group meeting including other people with similar health conditions, how often would you attend?” among patients at four health centers in the Worcester area, October 2012, n=243.
Figure 11. Survey responses to the question: "How useful do you feel the knowledge gained by talking with others with you same condition?" among patients at four health centers in the Worcester area, October 2012, n=183.
Group visits by health status

Figure 13. Cross-tabulation analysis of whether individuals would attend group meetings by self-reported health status among patients at four health centers in the Worcester area, October 2012, n=243.
Time of group visits

**Adult population**

<table>
<thead>
<tr>
<th>Time of Group Visits</th>
<th>Frequency of Response</th>
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</thead>
<tbody>
<tr>
<td>Never</td>
<td>39</td>
</tr>
<tr>
<td>Sunday afternoons (12 noon - 5pm)</td>
<td>18</td>
</tr>
<tr>
<td>Saturdays (9am - 5pm)</td>
<td>40</td>
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<tr>
<td>Weekdays evenings (M-F 5-9pm)</td>
<td>67</td>
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<tr>
<td>Weekdays at noon (M-F 12-1pm)</td>
<td>33</td>
</tr>
<tr>
<td>Weekday early morning (M-F 7-9am)</td>
<td>27</td>
</tr>
<tr>
<td>During regular office hours (M-F 9-5pm)</td>
<td>38</td>
</tr>
</tbody>
</table>

**Parents of children**

<table>
<thead>
<tr>
<th>Time of Group Visits</th>
<th>Frequency of Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday afternoons (12 noon to 5pm)</td>
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</tr>
<tr>
<td>Saturdays (9am to 5pm)</td>
<td>0</td>
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<tr>
<td>Weekday evenings (M-F 5-9pm)</td>
<td>0</td>
</tr>
<tr>
<td>Weekdays at noon (M-F 12 to 1pm)</td>
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<tr>
<td>Weekdays early morning (M-F 7-9am)</td>
<td>6</td>
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<tr>
<td>During regular office hours (M-F 9-5pm)</td>
<td>12</td>
</tr>
</tbody>
</table>

Figure 16. Survey responses to the question: “If you wanted to participate in a group visit, which of the following times would be most possible for you to attend?” among caregivers of patients at four health centers in the Worcester area, October 2012.

Figure 17. Survey responses to the question: “If you wanted to participate in a group visit, which of the following times would be most possible for you to attend?” among adult patients at four health centers in the Worcester area, October 2012.
Have a health care team?

- Yes: 58.5%
- No: 30.8%
- Don't Know: 6.7%
- Refused: 4.0%
Health care team will improve health?

Figure 19. Survey responses to the question: “Does having a healthcare team improve your health?” among adult patients and caregivers of pediatric patients at four health centers in the Worcester area, October 2012, n = 212. Missing responses, n = 57.
Have been called by other than MD

Figure 20. Survey responses to the question: “In the last 12 months have you been called by or had an appointment with a healthcare provider other than your primary care provider?” among adult patients and caregivers of pediatric patients at four health centers in the Worcester area, October 2012, n = 210. Missing responses, n = 59.
What health care team members have interacted?

Figure 21. Survey responses to: “Identify all providers that you have seen in the last 12 months” among adult patients and caregivers of pediatric patients at four health centers in the Worcester area, October 2012.
Willingness to work with other health care providers

Figure 22. Survey responses to the question: “Are you willing to work with another provider to help with your healthcare needs?” among adult patients and caregivers of pediatric patients at four health centers in the Worcester area, October 2012, n = 215. Missing responses, n = 54.
Content of interactions with other health care providers

Table 6. Survey responses to three questions among adult patients and caregivers of pediatric patients at four health centers in the Worcester area, October 2012.

<table>
<thead>
<tr>
<th>Agreement that provider other than PCP had...</th>
<th>Always</th>
<th>Usually</th>
<th>Sometimes</th>
<th>Never</th>
<th>Don’t Know/Refused</th>
<th>Percent Responding</th>
</tr>
</thead>
<tbody>
<tr>
<td>...given understandable instructions</td>
<td>37</td>
<td>16</td>
<td>23</td>
<td>16</td>
<td>8</td>
<td>79</td>
</tr>
<tr>
<td>...given ways to help remember their medications</td>
<td>20</td>
<td>6</td>
<td>13</td>
<td>32</td>
<td>7</td>
<td>79</td>
</tr>
<tr>
<td>...given help make appointments</td>
<td>18</td>
<td>11</td>
<td>20</td>
<td>20</td>
<td>7</td>
<td>79</td>
</tr>
</tbody>
</table>
Patient Interactions

Knowing that PCMH is relatively new to the health care system and patients do not know a lot about it, I was pessimistic about the response we would get from patients. ....What I experienced was very different from my expectations; patients were eager to answer the questions and learn more about PCMH and how it would affect the quality of care they receive.

I do remain a bit confused about how patients perceive changes at the health center. Very few patients are able to identify people in their health care team, often only citing the PCP as the only person involved in their care. I admittedly seem to think similarly when I visit my own physician, perceiving my interactions with other people in the office as barriers to being able to talk to the “real” doctor. After seeing the staff-wide meeting at [center]today, I am ready to rethink those interactions.
Implications for Research

The PCMH model includes a variety of interventions that have been demonstrated to be successful in some fashion. However, whether they will be effective when implemented together, whether they will be effective for the populations in question, and whether they are cost-effective uses of provider and patient time (as well as healthcare dollars) remains to be answered.