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Diet-induced obesity mediated by the JNK/DIO2 signal transduction pathway

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The cJun N-terminal kinase (JNK) signaling pathway is a key mediator of metabolic stress responses caused by consuming a high-fat diet, including the development of obesity. To test the role of JNK, we examined diet-induced obesity in mice with targeted ablation of Jnk genes in the anterior pituitary gland. These mice exhibited an increase in the pituitary expression of thyroid-stimulating hormone (TSH), an increase in the blood concentration of thyroid hormone (T4), increased energy expenditure, and markedly reduced obesity compared with control mice. The increased amount of pituitary TSH was caused by reduced expression of type 2 iodothyronine deiodinase (Dio2), a gene that is required for T4-mediated negative feedback regulation of TSH expression. These data establish a molecular mechanism that accounts for the regulation of energy expenditure and the development of obesity by the JNK signaling pathway.

Keywords: DIO2; JNK; obesity; pituitary gland; thyroid hormone

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Human obesity is a serious health problem that is associated with increased mortality arising from a number of complications, including cardiovascular and kidney disease, diabetes, and some forms of cancer (Flegal et al. 2013). It is therefore alarming that the worldwide incidence of human obesity is rapidly increasing (World Health Organization Consultation on Obesity 2000). The design of potential therapeutic interventions to address this problem requires knowledge of the molecular mechanisms that contribute to obesity.

The cJun N-terminal kinase (JNK) signaling pathway (Davis 2000) is implicated in the development of obesity (Sabio and Davis 2010). Indeed, obesity is associated with increased JNK activity in human omental adipose tissue (Bashan et al. 2007). Obesity-induced JNK activation is mediated, in part, by free fatty acids (FFAs) that activate the mixed-lineage protein kinase pathway (Jaeschke and Davis 2007; Gadang et al. 2013; Kant et al. 2013). The mechanism of FFA signaling may involve G-protein-coupled receptors (Talukdar et al. 2011) or nonreceptor mechanisms (Holzer et al. 2011) that cause activation of the tyrosine kinase Src in lipid raft domains of the plasma membrane (Holzer et al. 2011).

Hyperphagic and high-fat diet (HFD) models of obesity in mice demonstrate activation of the JNK pathway (Hirosumi et al. 2002). Importantly, JNK deficiency prevents the development of obesity in these mouse models (Hirosumi et al. 2002). Tissue-specific gene ablation studies indicate that JNK in peripheral tissues (adipose tissue, liver, muscle, and myeloid cells) does not influence obesity development (Sabio et al. 2008, 2009, 2010b; Han et al. 2013). In contrast, a central function of JNK is required for obesity development (Sabio and Davis 2010). Studies using mice with Nestin-cre-mediated ablation of floxed Jnk1 in the brain demonstrate that JNK deficiency causes increased energy expenditure that prevents obesity (Belgardt et al. 2010; Sabio et al. 2010a). This analysis indicates that JNK-mediated suppression of energy expenditure is critically required for obesity development (Sabio and Davis 2010).

The mechanism of JNK-mediated regulation of energy expenditure is unclear. The hypothalamic–pituitary–thyroid (HPT) hormone axis has been implicated in the JNK-mediated energy expenditure response (Sabio and Davis 2010). However, relevant molecular targets of the JNK signaling pathway have not been described. Here we identify the type 2 iodothyronine deiodinase (Dio2) gene
as a target of JNK signaling that negatively regulates the HPT axis. We show that consuming a HFD causes JNK activation, increased Dio2 gene expression, and decreased HPT axis-mediated energy expenditure. JNK inhibition prevents DIO2-mediated negative feedback regulation of the HPT axis, increases energy expenditure, and reduces obesity. Together, these data identify the Dio2 gene as a critical target of the JNK signaling pathway that regulates energy expenditure and obesity.

Results

The pituitary gland is an essential component of the endocrine axis that regulates thyroid hormone signaling because it is the source of thyroid-stimulating hormone (TSH), a glycoprotein hormone that regulates the endocrine function of the thyroid gland. The potential role of the pituitary gland in JNK-mediated obesity development is intriguing. To test JNK function, we established mice with targeted ablation of the ubiquitously expressed Jnk1 and Jnk2 genes using the glycoprotein hormone α subunit (Cga) promoter to drive expression of Cre recombinase in the anterior pituitary gland. Genotype analysis demonstrated ablation of the Jnk1 and Jnk2 genes in the anterior pituitary gland of Cre\(^+\) Jnk1\(^{LoxP/LoxP}\) Jnk2\(^{LoxP/LoxP}\) mice (Supplemental Fig. S1). No defects in JNK expression in other tissues were detected (Supplemental Fig. S1). Microscopic examination of the pituitary gland demonstrated that JNK deficiency did not cause marked changes in morphology (Fig. 1A; Supplemental Fig. S2). Feeding a HFD to control mice (PWT mice) caused robust activation of JNK in the anterior pituitary gland but not in p\(^{A1,A2}\) mice (Fig. 1B). These data establish that p\(^{A1,A2}\) mice represent a model that can be used to test the role of HFD-induced JNK activation in the anterior pituitary gland.

JNK in the anterior pituitary gland promotes obesity and insulin resistance

We examined the body mass of PWT and p\(^{A1,A2}\) mice when fed a normal chow diet (ND) or a HFD for 16 wk. No significant difference in total body mass was detected in ND-fed mice, but the JNK-deficient mice exhibited markedly decreased body mass compared with PWT mice when fed a HFD (Fig. 1C). These changes in body mass were not associated with changes in body length (Supplemental Fig. 1B). The decreased body mass was largely accounted for by reduced fat mass (Fig. 1D). Adipokine expression (Supplemental Fig. S3B), adipocyte hypertrophy (Fig. 1E; Supplemental Fig. S3A), and adipose tissue

Figure 1. JNK in the anterior pituitary gland is required for HFD-induced obesity. (A) The morphology of the pituitary gland of PWT and P\(^{A1,A2}\) mice was examined by scanning electron microscopy. Bar, 500 μm. (B) Sections of the anterior pituitary gland of PWT and p\(^{A1,A2}\) mice were stained with an antibody to phosphoJNK. DNA was stained with DAPI. The effect of feeding mice an ND or a HFD for 16 wk was examined. Bar, 50 μm. (C) The total body mass gain of ND-fed and HFD-fed mice was measured (mean ± SEM; n = 10–25). Significant differences between PWT and p\(^{A1,A2}\) mice were detected. (***) P < 0.001. (D) The fat and lean mass of ND-fed and HFD-fed (16 wk) mice were measured by \(^1\)H-MRS analysis (mean ± SEM; n = 8–10). Significant differences between PWT and p\(^{A1,A2}\) mice were detected. (*) P < 0.05. (E,F) Sections of epididymal adipose tissue of ND-fed and HFD-fed (16 wk) mice were stained with hematoxylin and eosin (E) or an antibody to the macrophage marker F4/80 plus DAPI (F). Bar, 125 μm.
infiltration by macrophages [Fig. 1E,F; Supplemental Fig. S3C] were suppressed in HFD-fed P^J1,J2 mice compared with HFD-fed P^WT mice. JNK deficiency in the anterior pituitary gland also suppressed HFD-induced hepatic steatosis [Supplemental Fig. S4] and brown fat cell hypertrophy [Fig. 2A]. Indeed, brown fat mass in HFD-fed mice was significantly reduced in P^J1,J2 mice compared with P^WT mice [Fig. 2B]. Together, these data implicate HFD-induced JNK activation in the anterior pituitary gland [Fig. 1B] as a signaling mechanism that controls the development of obesity [Fig. 1C].

Obesity is a major contributor to the development of prediabetes, including impaired glycemia and insulin resistance [Kahn et al. 2006]. We therefore anticipated that defects in obesity would lead to improved glucose metabolism in P^J1,J2 mice. Indeed, P^J1,J2 mice showed improved glucose and insulin tolerance [Fig. 3A,B], reduced hyperglycemia [Fig. 3C,D], reduced hyperinsulinemia [Fig. 3E], and reduced islet hypertrophy [Fig. 3F,G] compared with P^WT mice. Moreover, the HFD-fed P^J1,J2 mice showed improved insulin-stimulated AKT activation in adipose tissue, liver, and skeletal muscle [Fig. 3H]. It is likely that these phenotypes are a consequence of the reduced obesity of P^J1,J2 mice compared with P^WT mice [Fig. 1].

**Pituitary gland JNK decreases energy expenditure and promotes obesity**

We performed metabolic cage analysis to examine mechanisms that might account for the reduced obesity of HFD-fed P^J1,J2 mice compared with P^WT mice. These studies demonstrated that the physical activity and the amount of food eaten by P^WT and P^J1,J2 mice were similar, but energy expenditure by HFD-fed P^J1,J2 mice was significantly greater than that of HFD-fed P^WT mice [Fig. 4]. These data indicate that increased energy expenditure is a major contributor to the resistance of P^J1,J2 mice to HFD-induced obesity.

**The JNK1 and JNK2 isoforms exhibit partial functional redundancy**

To examine the relative contributions of the JNK1 and JNK2 isoforms, we investigated the effect of feeding a HFD to mice with ablation of *Jnk1* or *Jnk2* only [P^J1 and P^J2 mice] in the anterior pituitary gland. This analysis demonstrated that HFD-fed P^J1 mice, P^J2 mice, and P^WT mice exhibited similar HFD-induced obesity, glucose and insulin tolerance, energy expenditure, and food consumption [Supplemental Figs. S5, S6]. These data contrast with studies of P^J1,J2 mice [Figs. 1–3] and indicate that JNK1 and JNK2 play partially redundant roles in the anterior pituitary gland.

**JNK regulates the expression of pituitary hormones**

A major function of the anterior pituitary gland is the production of hormones that regulate metabolism and reproduction. The blood concentration of growth hormone (GH) and adrenocorticotropic hormone (ACTH; a component of the pituitary–adrenal axis) was similar in P^WT and P^J1,J2 mice, but a modest increase in the blood concentration of the reproductive hormones follicle-stimulating hormone (FSH) and luteinizing hormone (LH) was detected in the blood of P^J1,J2 mice compared with P^WT mice [Supplemental Fig. S7]. The relevance of these changes to the development of obesity is unclear. However, the increased blood concentration of TSH in P^J1,J2 mice compared with P^WT mice [Fig. 5A] may contribute to the resistance of P^J1,J2 mice to HFD-induced obesity.

We found increased amounts of TSH [Fig. 5B] and increased expression of Tshβ mRNA [but not Cga (*Tshα*) mRNA] in the anterior pituitary gland of P^J1,J2 mice compared with P^WT mice [Fig. 5C]. The increased amount of blood TSH [Fig. 5A] was associated with an increased concentration of thyroid hormone (T3 and T4) in the blood of HFD-fed P^J1,J2 mice compared with HFD-fed P^WT mice [Fig. 5A]. Indeed, increased thyroid hormone-dependent gene expression was detected in the liver and brown adipose tissue of P^J1,J2 mice compared with P^WT mice [Fig. 2C, Supplemental Fig. S4D]. Together, these data indicate that JNK deficiency in the pituitary gland increases the thyroid hormone signaling axis.

**Thyroid hormone mediates the effects of pituitary JNK deficiency on obesity**

To test the role of thyroid hormone on the resistance of P^J1,J2 mice to HFD-induced obesity [Fig. 1], we examined the effect of propylthiouracil (PTU), a drug that inhibits...
thyroperoxidase and reduces thyroid hormone production by the thyroid gland (Björkman and Ekholm 2000). Treatment of mice with PTU reduced the circulating concentration of T4 (Supplemental Fig. S8). No significant differences in blood T4 concentration were detected between PTU-treated p^WT^ and p^A^ mice (Supplemental Fig. S8). We found that PTU prevented the resistance of HFD-fed P^J1,J2^ mice to HFD-induced obesity (Fig. 6A,B) and also prevented the improved hyperglycemia and glucose tolerance of HFD-fed P^J1,J2^ mice (Figs. 6C,D). These data indicate that the thyroid hormone pathway is required for the resistance of P^J1,J2^ mice to HFD-induced obesity.

**Pituitary JNK deficiency promotes TSH expression**

The increase in Tshb expression detected in JNK-deficient pituitary glands could be mediated by increased positive regulation or by decreased negative regulation. We therefore examined changes in positive and negative regulation of Tshb expression in p^WT^ and p^A^ mice.

Tshb expression is positively regulated by the transcription factors Gata2 and Pou1f1 and negatively regulated by the thyroid hormone receptor Trhβ (Gordon et al. 1997; Abel et al. 1999). Comparison of the anterior pituitary glands of p^WT^ and p^A^ mice demonstrated no significant differences in the expression of the Gata2, Pou1f1, and Trhβ transcription factors (Supplemental Fig. S9), although we cannot exclude the possibility that JNK alters the activity of one or more of these transcription factors. Tshb expression is also positively regulated by hypothalamic expression of thyrotropin-releasing hormone (TRH) that binds receptors (TRHR) on thyrotrhophs. No significant difference in the anterior pituitary expression of Trh was detected between p^WT^ and p^A^ mice (Supplemental Fig. S9). Similarly, hypothalamic expression of Trh was unchanged in Chow-fed p^WT^ and p^A^ mice but was decreased in HFD-fed p^A^ mice compared with HFD-fed p^WT^ mice (Supplemental Fig. S10). This reduction in hypothalamic Trh expression may reflect negative feedback regulation (Segerson et al. 1987) by the increased concentration of circulating T4 detected in HFD-fed p^A^ mice compared with HFD-fed p^WT^ mice (Fig. 5A). In addition, the reduced blood leptin concentration in HFD-fed p^A^ mice (Supplemental Fig. S3B) may also contribute to the decreased hypothalamic Trh expression (Nillni et al. 2000; Guo et al. 2004; Perello et al. 2010). Together, these data do not provide evidence for increased positive regulation of Tshb expression in HFD-fed p^A^ mice.
Reduced negative regulation represents a potential mechanism that contributes to increased TSH expression detected in PD1,J2 mice compared with PWT mice. A major mechanism of negative regulation of Tshb expression in the pituitary gland is mediated by T3 (Silva and Larsen 1977). The bioavailability of T3 is critically controlled by the thyroid hormone transporter Slc16A2 (Visser et al. 2011) and Dio genes (Bianco and Larsen 2005). Indeed, Dio2 is critically required for prohormone T4 conversion to biologically active T3 (Bianco and Kim 2006), and Dio3 plays a key role in signal termination by converting T3 to inactive reverse T3 (Bianco and Larsen 2005). Increased Tshb expression by PD1,J2 mice may therefore be caused by increased expression of Dio3 or reduced expression of Slc16A2 or Dio2. However, a comparison of PWT and PD1,J2 mice demonstrated no significant differences in the expression of Slc16A2, Dio1, and Dio3, but JNK deficiency caused markedly reduced Dio2 gene expression [Figs. 5C, 7A]. These data indicate that Dio2 may contribute to the effects of JNK on TSH expression by thyrotrhops.

**JNK regulates Dio2 gene expression**

Dio2 gene expression is induced by activating protein 1 [AP1] transcription factors (Canettieri et al. 2008). This is

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**Figure 4.** JNK suppresses energy expenditure. [A–D] Metabolic cage analysis of HFD-fed [4 wk] PWT and PD1,J2 mice was performed to measure energy expenditure [A], physical activity [B], oxygen consumption (VO2) [C], and carbon dioxide release (VCO2) [D]. The data presented are the mean ± SEM (n = 6), and the statistical significance of differences is indicated. [E–G] ND-fed and HFD-fed [4 wk] PWT and PD1,J2 mice were examined in metabolic cages to measure food intake [E], water intake [F], and the respiratory exchange ratio (VCO2/VO2) [G]. The data presented are the mean ± SEM (n = 6). No statistically significant differences between PWT and PD1,J2 mice were detected.

**Figure 5.** JNK deficiency causes increased TSH expression. [A] The blood concentration of TSH, T3, T4, and free T4 in ND-fed and HFD-fed [4 wk] PWT and PD1,J2 mice following overnight starvation was measured by ELISA (mean ± SEM; n = 8–12). [*] P < 0.05. [B] Sections of the pituitary gland were stained with an antibody to TSHb. DNA was stained with DAPI. The anterior lobe (AL) and posterior lobe (PL) of the pituitary gland are indicated. [C] Total RNA was isolated from primary cultures of pituitary cells isolated from control and JNK-deficient mice. Gene expression was measured by quantitative RT-PCR analysis of mRNA [mean ± SEM; n = 6–8]. [*] P < 0.05; [**] P < 0.01.
null differences between PWT and P
null of PTU-treated mice was examined (mean ± SEM; n = 7–10). No significant differences between PWT and P\textsuperscript{J1,J2} mice were detected. P > 0.05. [B] The fat and lean mass of PTU-treated ND-fed and HFD-fed mice [16 wk] were measured. P > 0.05. [C] The effect of consuming a HFD [16 wk] on glucose tolerance of PTU-treated mice was examined (mean ± SEM; n = 7–10). No significant differences between PWT and P\textsuperscript{J1,J2} mice were detected. P > 0.05. [D] PTU-treated PWT and P\textsuperscript{J1,J2} mice were fed an ND or a HFD [16 wk]. The blood glucose concentration in mice fasted overnight or fed ad libitum was measured (mean ± SEM; n = 7–12). P > 0.05.

Figure 6. Thyroid hormone is required for glycemic regulation caused by JNK deficiency in the pituitary gland. [A] The total body mass gain of PTU-treated ND-fed and HFD-fed mice treated with PTU in the drinking water was examined (mean ± SEM; n = 7–10). No significant differences between PWT and P\textsuperscript{J1,J2} mice were detected. P > 0.05. [B] The fat and lean mass of PTU-treated ND-fed and HFD-fed mice [16 wk] were measured (mean ± SEM; n = 7–10). No significant differences between PWT and P\textsuperscript{J1,J2} mice were detected. P > 0.05. [C] The effect of consuming a HFD [16 wk] on glucose tolerance of PTU-treated mice was examined (mean ± SEM; n = 7–10). No significant differences between PWT and P\textsuperscript{J1,J2} mice were detected. P > 0.05. [D] PTU-treated PWT and P\textsuperscript{J1,J2} mice were fed an ND or a HFD [16 wk]. The blood glucose concentration in mice fasted overnight or fed ad libitum was measured (mean ± SEM; n = 7–12). P > 0.05.

null because AP1 expression and function are direct targets of the JNK signaling pathway (Davis 2000). We therefore examined AP1 expression in the pituitary gland of PWT and P\textsuperscript{J1,J2} mice. JNK deficiency was found to cause reduced expression of the AP1 transcription factors cfjun and JunD (Fig. 7C,D). This reduced AP1 expression was associated with decreased Dio2 gene expression in the anterior pituitary gland of P\textsuperscript{wt} mice compared with PWT mice (Fig. 7C). Moreover, tumor necrosis factor (TNF), a JNK-dependent activator of AP1 (Ventura et al. 2003), strongly induces Dio2 gene expression (Baur et al. 2000) in thyrotrrophs of PWT mice but not P\textsuperscript{J1,J2} mice (Fig. 7B). Together, these observations indicate that the JNK pathway, activated by consuming a HFD (Fig. 1B), regulates Dio2 gene expression in the anterior pituitary gland of HFD-fed mice (Fig. 7A).

JNK deficiency in the anterior pituitary gland mimics Dio2 deficiency

To test whether decreased Dio2 gene expression in the anterior pituitary gland contributes to the phenotype of P\textsuperscript{J1,J2} mice, we examined the effect of thyroid hormone on negative regulation of TSH expression. It is established that Dio2 gene ablation prevents T4-mediated inhibition of TSH expression (Schneider et al. 2001). We therefore investigated the effect of thyroid hormone on TSH expression by PWT and P\textsuperscript{J1,J2} mice. Control studies demonstrated that T3 caused a similar small decrease in the blood concentration of TSH in PWT and P\textsuperscript{J1,J2} mice (Fig. 8). In contrast, T4 strongly suppressed the amount of TSH in the blood of PWT mice but not P\textsuperscript{J1,J2} mice (Fig. 8A). Moreover, in vitro studies using primary anterior pituitary cell cultures demonstrated that JNK deficiency prevented T4-mediated repression of Tshβ gene expression (Fig. 8B). This defect in T4-mediated negative feedback regulation of TSH expression caused by JNK deficiency is similar to that found in Dio2-deficient mice (Schneider et al. 2001). These data strongly support the conclusion that JNK-regulated Dio2 gene expression mediates the effects of JNK on TSH expression in the anterior pituitary gland.

Discussion

The JNK signaling pathway is activated in response to metabolic stress. Recent studies have demonstrated that JNK activation caused by consuming a HFD contributes to two different metabolic responses: the development of insulin resistance and obesity (Sabio and Davis 2010). These two responses represent separate targets of the JNK signaling pathway. Thus, tissue-specific gene ablation studies indicate that JNK in peripheral tissues is required for HFD-induced insulin resistance but not obesity (Sabio and Davis 2010). In contrast, a central function of JNK to regulate energy expenditure is required for HFD-induced obesity (Sabio and Davis 2010).

The effects of JNK on insulin resistance may be mediated by phosphorylation of target proteins, including the insulin receptor adapter protein IRS1 (Aguirre et al. 2000). However, the mechanism of central JNK signaling that regulates energy expenditure and obesity is unclear. Studies of mice with JNK deficiency in the brain have identified the HPT axis as a potential mediator of JNK signaling (Belgardt et al. 2010; Sabio et al. 2010a). It was found that JNK deficiency in the brain caused increased energy expenditure that was dependent on the HPT axis (Sabio and Davis 2010). However, the molecular targets of JNK that mediate the effects of HFD-induced JNK activation on the HPT axis have not been defined.

Hypothalamic TRH acts on thyrotrophs in the anterior pituitary gland that respond by secreting TSH, a glycoprotein hormone that stimulates the thyroid gland to increase thyroid hormone production. In obese mice, the adipokine leptin acts on the hypothalamus to increase TRH-mediated TSH expression (Nillni et al. 2000; Perello et al. 2010). TRH also promotes TSH glycosylation and
bioactivity [Weintraub et al. 1989; Magner 1990]. The resulting increase in thyroid hormone production is limited by thyroid hormone-mediated feedback inhibition of TRH and TSH expression [Silva and Larsen 1977; Segerson et al. 1987]. The HPT axis is therefore subject to complex regulatory control by neuronal innervation together with hormones and adipokines. Indeed, regulation of the HPT axis by diet-induced obesity may involve changes in TRH expression, TSH expression and bioactivity, and the amount of thyroid hormone in the blood.

To test JNK function in the anterior pituitary gland, we established mice with targeted ablation of the ubiquitously expressed Jnk1 and Jnk2 genes using the Cga promoter to drive expression of Cre recombinase. The P\textsuperscript{\textDelta1,\textDelta2} mice were found to be resistant to HFD-induced obesity [Fig. 1]. This reduced obesity was caused by increased energy expenditure [Fig. 4] and was dependent on the HPT axis [Fig. 6].

The discovery of increased TSH and thyroid hormone in the blood of HFD-fed P\textsuperscript{\textDelta1,\textDelta2} mice compared with HFD-fed P\textsuperscript{WT} mice [Fig. 5] was surprising because it is established that thyroid hormone causes profound negative feedback regulation of both hypothalamic TRH and pituitary TSH production [Silva and Larsen 1977; Segerson et al. 1987]. TRH expression was reduced in HFD-fed P\textsuperscript{\textDelta1,\textDelta2} mice compared with HFD-fed P\textsuperscript{WT} mice, consistent with negative feedback regulation by thyroid hormone [Supplemental Fig. S10]. However, TSH expression by HFD-fed P\textsuperscript{\textDelta1,\textDelta2} mice was increased [compared with HFD-fed P\textsuperscript{WT} mice] despite reduced hypothalamic TRH expression [Supplemental Fig. S10] and increased amounts of thyroid hormone in the blood [Fig. 5]. This observation suggests that the primary phenotype of HFD-fed P\textsuperscript{\textDelta1,\textDelta2} mice is failure of the negative regulation of TSH expression by thyroid hormone. Indeed, P\textsuperscript{\textDelta1,\textDelta2} mice were found to be resistant to T4-mediated negative feedback regulation of TSH production [Fig. 8]. This defect in negative regulation contributes to increased HPT axis function in HFD-fed P\textsuperscript{\textDelta1,\textDelta2} mice compared with HFD-fed P\textsuperscript{WT} mice.

It is established that the inhibition of TSH production caused by thyroid hormone requires the DIO2-dependent intracellular conversion of the prohormone T4 to biologically active T3 [Bianco and Kim 2006]. Dio2 gene ablation prevents T4-mediated inhibition of TSH expression...
Disruption of JNK signaling in the anterior pituitary gland increases energy expenditure, and the development of obesity. To-gether, these data identify a molecular mechanism that increases energy expenditure and suppresses obesity. To-

Materials and methods

Mice

We previously described \textit{Jnk1}^{1loxP/loxP} \textit{Jnk2}^{−/−} mice [Das et al. 2007], \textit{Jnk2}^{loxP/loxP} \textit{Jnk2}^{−/−} mice [Han et al. 2013], and \textit{Rosa-Cre}^{ERT} \textit{Jnk1}^{loxP/loxP} \textit{Jnk2}^{loxP/loxP} mice [Das et al. 2007], \textit{CS7BL/6} mice [stock no. 000664], \textit{Rosa-Cre}^{ERT} mice [stock no. 00487] [Badea et al. 2003], and \textit{Cga-Cre} mice [stock no. 004426] [Cushman et al. 2000] were obtained from The Jackson Laboratory. The mice were backcrossed to the \textit{CS7BL/6} strain (10 generations) and housed in a facility accredited by the American Association for Laboratory Animal Care (AALAC). The mice were genotyped by PCR analysis of genomic DNA [Das et al. 2007; Han et al. 2013]. All studies were performed using male mice (8–24 wk old). \textit{Rosa-Cre}^{ERT} \textit{Jnk1}^{loxP/loxP} \textit{Jnk2}^{loxP/loxP} mice were treated with 1 mg of tamoxifen (Sigma) by intraperitoneal i.p. injection once every day for five consecutive days. Male mice (8 wk old) were fed a ND or a HFD [Iso Pro 3000] [Purina] and F3282 [Bioserve, Inc.] for 16 wk. Whole-body fat and lean mass were noninvasively measured using \textit{1H}-MRS [Echo Medical Systems]. The animal studies were approved by the Institutional Animal Care and Use Committee of the University of Massa-chusetts Medical School.

Primary cell culture

Anterior pituitary cells were established in primary culture [Koenig et al. 1984]. Briefly, pituitary tissues were removed from tamoxifen-treated \textit{Rosa-Cre}^{ERT} \textit{P}^{WT} and \textit{Rosa-Cre}^{ERT} \textit{Jnk1}^{loxP/loxP} \textit{Jnk2}^{loxP/loxP} \textit{Jnk2}^{−/−} \textit{P}^{WT} mice (12–16 wk old). The posterior and intermediate lobes were discarded. The anterior pituitaries were digested in HBSS containing 1 mg/mL trypsin, 2 mg/mL collagenase, and 1 mg/mL DNase for 30 min at 37°C. Digested pituitary glands were washed and triturated in DMEM/F12 supplemented with 10% charcoal-stripped FBS [Invitrogen]. The single-cell suspension was then plated onto poly-D-lysine-coated 24-well plates [Life Technologies]. The cells were harvested for analysis after 24 h in culture.

RNA analysis

The expression of mRNA was examined by quantitative PCR analysis using a Quantstudio PCR machine [Life Technologies]. TaqMan assays were used to quantify \textit{Ci2} [Mm00441242_1], \textit{cFos} [Mm00487425_1], \textit{cJun} [Mm00495062_1], \textit{Cga/Tsha} [Mm00444231_1], \textit{Dio1} [Mm00487425_1], \textit{Dio2} [Mm00489514_1], \textit{Dio3} [Mm00548953_1], \textit{Emr1} [F4/80] [Mm00802530_1], \textit{Gata2} [Mm00492301_1], \textit{Glt4} [Mm0436615_1], \textit{Jnk1} [Mm0049514_1], \textit{Jnk2} [Mm00444231_1], \textit{Jnk3} [Mm00492781_1], \textit{JunD} [Mm00495088_1], \textit{Ldhb} [Mm00493146_1], \textit{Leptin} [Mm00434759_1], \textit{Pou1f1} [Mm00476852_1], \textit{Slc16a2} [Mm00486204_1], \textit{Spot14} [Mm01273967_1], \textit{Thrb} [Mm00437044_1], \textit{Thy} [Mm01963590_1], \textit{Tshb} [Mm00432562_1], \textit{Tshr} [Mm00371900_1], and \textit{Tnfa} [Mm00443258_1]. The relative mRNA expression was normalized by measurement of the amount of 18S RNA in each sample using TaqMan assays [catalog no. 4308329, Life Technologies].

Immunoblot analysis

Tissue extracts were prepared using Triton lysis buffer [20 mM Tris at pH 7.4, 1% Triton X-100, 10% glycerol, 137 mM NaCl, 2 mM EDTA, 25 mM β-glycerophosphate, 1 mM sodium orthovanadate, 1 mM phenylmethylsulfonyl fluoride, 10 mg/mL aprotinin and leupeptin]. Extracts [20–50 μg of protein] were examined by protein immunoblot analysis by probing with antibodies to AKT, phospho-Thr308 AKT, and phospho-Ser473 AKT [Cell Signaling], \textit{cJun} [Santa Cruz Biotechnology], JNK [Pharmigen], and α-Tubulin [Sigma]. Immunocomplexes were detected using the Odyssey infrared imaging system [LI-COR Biosciences].
Blood glucose was measured with an Ascensia Breeze 2 glucometer (Bayer). Adipokines, cytokines, pituitary hormones, and insulin in plasma were measured by multiplexed ELISA using a Luminex 200 machine (Millipore). T3 and T4 in plasma were measured using an ELISA kit (Calbiotech). Free T4 was measured using a kit purchased from Leinco Technologies.

Glucose and insulin tolerance tests
Glucose and insulin tolerance tests were performed by i.p. injection of mice with 2 g/kg glucose or 0.5 U/kg insulin using methods described previously [Sabio et al. 2008].

Treatment of mice with thyroid hormone
Mice were treated [16 wk] with PTU in the drinking water [cherry-flavored Kool-Aid supplemented without [Control] or with 1.2 mM PTU [Signal]. The mice were injected i.p. with saline [solvent control] or thyroid hormone (30 µg/kg T3 or 10 µg/kg T4). The amount of TSH in the blood prior to injection and at 5 h post-injection was measured by ELISA.

Metabolic cages
The analysis was performed by the Mouse Metabolic Phenotyping Center at the University of Massachusetts Medical School. The mice were housed under controlled temperature and lighting with free access to food and water. The food/water intake, energy expenditure, respiratory exchange ratio, and physical activity were measured using metabolic cages [TSE Systems].

Analysis of tissue sections
Histology was performed using tissue fixed in 10% formalin for 24 h, dehydrated, and embedded in paraffin. Sections (7 µm) were cut and stained using hematoxylin and cosin [American Master Tech Scientific]. Paraffin sections were stained with an antibody to F4/80 [Abcam], insulin [Dako], perilipin [Abcam], phosphoJNK [Cell Signaling], and TSHβ [a gift from Dr. A. Parlow, National Institute of Diabetes and Digestive and Kidney Diseases]. The primary antibodies were detected by incubation with anti-guinea pig Ig, anti-rat Ig, or anti-rabbit Ig conjugated to Alexa Fluor 488 or 633 [Life Technologies]. DNA was detected by staining with DAPI [Life Technologies]. Fluorescence was visualized using a Leica TCS SP2 confocal microscope equipped with a 405-nm diode laser. Islet area was determined by dividing total β-cell area [marked by staining with insulin antibodies] by the pancreatic area per section using ImageJ64 software. Hepatic steatosis was examined using sections (7 µm) prepared from tissue frozen in O.C.T. compound [Tissue-Tek] and staining with Sudan black [American Master Tech Scientific].

Electron microscopy
Transmission electron microscopy was performed using tissue washed with 0.1 M sodium cacodylate buffer [pH 7.2] and fixed with 2.5% glutaraldehyde for 30 min at room temperature and in the same fresh fixative overnight at 4°C. The tissue was rinsed [10 min] in 0.1 M sodium cacodylate buffer [pH 7.2] three times and then post-fixed [1 h] in 1% [w/v] osmium tetroxide in distilled water. The fixed tissue was rinsed in double-distilled water and dehydrated through a graded ethanol series (10%, 30%, 50%, 70%, 85%, and 95% for 20 min each) before two changes of ethanol [100%]. The samples were polymerized at 68°C in flat embedding molds. The epoxy blocks were cut and mounted on blank epoxy stubs with a drop of superglue. Ultrathin sections were cut on a Reichert-Jung ultramicrotome using a diamond knife. The sections were collected and mounted on copper support grids, contrasted with lead citrate and uranyl acetate, and examined using a FEI Tecnai 12 BT electron microscope with 80 kV accelerating voltage. Images were captured using a Gatan TEM CCD camera.

Statistical analysis
Differences between groups were examined for statistical significance using the Student’s t-test or analysis of variance (ANOVA) with the Fisher’s test.

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