**Dataset Codes**

ISF = insulin sensitivity factor  
IBG = ideal blood glucose  
ICR = insulin to carbohydrate ratio  
FBS = fasting blood sugar  
Ht = height  
Wt = weight  
BMI = body mass index  
WC = waist circumference  
TDD = total daily dose  
IFCC = International Federation of Clinical Chemistry  
T2D = type 2 diabetes  
AN = acanthosis nigricans  
SBP = systolic blood pressure  
DBP = diastolic blood pressure  
R = randomization  
Dx = disease  
V0 = baseline visit; V3 = 3-month visit; V6 = 6-month visit; and V9 = 9-month visit  
TCHOL = total cholesterol  
TG = triglycerides  
HDL = high-density lipoprotein  
LDL = low-density lipoprotein  
ALR = adiponectin/leptin ratio  
ln TG/HDL = log of Triglycerides/high density lipoprotein